

The Crossroads Center Mission Statement

To provide culturally and linguistically congruent, comprehensive behavioral healthcare in a holistic manner, assuring access and quality to our diverse customers.

These services will be consistent with the organization's philosophy to implement state of the art programs that promote abstinence, prevent or remediate substance abuse and mental illness, and other behavioral disorders that place families and children at risk.

To achieve our mission, we reaffirm that all persons have the right to be healthy and to lead productive lives. We pledge to serve our customers, their families and the community to the best of our abilities.

Core Values

1. We believe that differences in culture and ethnicity among our clients, staff and customers contribute positively to the treatment and healing processes that occur within our programs.
2. We believe that all people are worthy and we respect all people.
3. We believe in the strength of families, and we believe that families can contribute to the successful treatment of our clients.
4. We believe that it is The Crossroads Center's responsibility to assure that quality services are provided to all of our clients and to all of our customers.
5. We believe that success is determined by continuous improvement of our products and services.



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thecrossroadscenter.org



**Adolescent
Outpatient
& Prevention
Programs**

The Crossroads Center
Helping People Turn Their Lives Around

ADOLESCENT PROGRAMS



Adolescent Prevention Program

The Adolescent Prevention program is based on the premise that early intervention may prevent more serious social adjustment problems. Our program aim is to prevent substance abuse, substance-related disorders and other behavioral problems that place families and children at risk. The prevention setting is at schools and community sites.

Adolescent Outpatient Program

The Crossroads Center Adolescent Outpatient program is designed to provide community based treatment to youth and their families. The program uses a community based approach, providing treatment at the agency, which is less restrictive than an institutional approach and more family centered. Parental and family involvement is encouraged under this model.

The goal of the family centered community based alcohol and drug intervention and treatment program is to decrease the active incidence of substance abuse while strengthening the family members' functional and selfsufficient behavior.

Our program provides full treatment for individuals ages 12-17 who are suffering from alcohol and drug-related problems and other self-harming behaviors. The level of intensity and duration of treatment is designed to flow on a continuum based on specific patient characteristics.

Services Include:

- Assessment
- Drug Screening
- Individual Counseling
- Medical/Somatic Services
- Group Counseling
- Crisis Intervention
- Family Counseling
- Prevention & Education
- Case Management
- Adolescent Mental Health individual and group psychotherapy and/or pharmacologic management

Prevention activities include:

- Open ended prevention and education groups focusing on cognitive restructuring.
- Prevention/Intervention services for juvenile offenders.

