

Programs and Services



The History of The Crossroads Center

The Crossroads Center has been in existence since 1951. It originally opened its doors under the name of The Alcoholism Clinic. At that time, the clinic was under the auspices of the University of Cincinnati (UC), Department of Psychiatry, Alcohol Division. In 1994, the agency separated from UC.

In 1997, the Alcoholism Clinic changed its name to The Crossroads Center, which is a non-profit agency. The agency continues to provide culturally appropriate substance abuse and mental health services to individuals and their families that live within the Cincinnati and Hamilton County area. The agency is licensed by the Ohio Department of Mental Health and Addiction Services (OhioMHAS) and accredited by The Joint Commission. The Medication Assisted Program is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF).

The Crossroads Center specializes in substance abuse, mental health services. There are five overall programs offered by The Crossroads Center which are described in this brochure. Its mission, vision and core values are described below.



Mission Statement

Provide culturally and linguistically congruent, comprehensive behavioral healthcare in a holistic manner, assuring access and quality to our diverse customers.

These services will be consistent with the organization’s philosophy to implement state of the art programs that promote abstinence, prevent or remediate substance abuse and mental illness, and other behavioral disorders that place families and children at risk.

To achieve our mission, we reaffirm that all persons have the right to be healthy and to lead productive lives. We pledge to serve our customers, their families and the community to the best of our abilities.

Vision Statement

To enhance the holistic concept of physical, emotional, social, cultural and spiritual well-being of our clients, families and community. We will introduce innovative evidence-based practices and programs that promote abstinence, educate, prevent and treat substance abuse and mental illnesses and other behavioral disorders. We will provide leadership in cooperation and collaboration with other local, state and national organizations to eradicate those conditions that place children and families at risk.

Core Values

1. We believe that differences in culture and ethnicity among our clients, staff and customers contribute positively to the treatment and healing processes that occur within our programs.
2. We believe th at all people are worthy and we respect all people.
3. We believe in the strength of families, and we believe that families can contribute to the successful treatment of our clients.
4. We believe that it is The Crossroads Center’s responsibility to assure that quality services are provided to all of our clients and to all of our customers.
5. We believe that success is determined by continuous improvement of our products and services.

Outpatient Adolescent Program

The General Outpatient Adolescent Program provides services to Adolescents ages 12-17.

Adolescent Outpatient Program

The Crossroads Center Adolescent Outpatient program is designed to provide community based treatment to youth and their families. The program uses a community based approach, providing treatment at the agency, which is less restrictive than an institutional approach and more family centered. Parental and family involvement is encouraged under this model.

The goal of the family centered community based alcohol and drug intervention and treatment program is to decrease the active incidence of substance abuse while strengthening the family members functional and self-sufficient behavior.

Our program provides full treatment for individuals ages 12-17 who are suffering from alcohol and drug-related problems and mental health problems. The level of intensity and duration of treatment is designed to flow on a continuum based on individual client needs.

Services Include:

- Assessment
- Individual Counseling
- Group Counseling
- Family Counseling
- Case Management
- Drug Screening
- Medical/Somatic Services
- Crisis Intervention
- Prevention & Education

Adolescent Mental Health Services

The overall goal of the Adolescent Mental Health Services is to provide treatment to adolescents whose behavioral problems and mental illnesses make it difficult for them to adjust to the structure and demands of traditional programs. Services include community based support and treatment focused on building family coping skills, problem solving and life management skills and identification of positive values that help the adolescent and their family cope with mental illness, anger and aggression.

Services Provided:

Psychiatric Diagnostic Interview with our Child Psychiatrist
Medications are prescribed and managed by the Child Psychiatrist when appropriate.



Adolescent Prevention Program

The Adolescent Prevention program at The Crossroads Center is based on the premise that early intervention may prevent more serious social adjustment problems. Our program aims to prevent substance abuse, substance-related disorders, and other behavioral problems that place families and children at risk. The prevention setting is at community sites.

Prevention activities include:

- Open ended prevention and education groups focusing on cognitive restructuring.
- Prevention/Intervention services for juvenile offenders.
- Referral for additional services may occur.

Addiction Prevention Program

We provide evidence based educational programming to raise awareness about substance misuse and its impact on youth, adults, families and communities. This helps participants make better decisions and use new problem solving strategies regarding alcohol, drugs and tobacco use.

Outpatient Adult Programs

Outpatient Adult Program is composed of two components. Substance Abuse Treatment Outpatient Program (STOP) and Substance Abuse/Mental Illness (SAMI).



STOP Program

STOP is designed to assist individuals who can utilize an outpatient environment, both as a mode of intervention for the illness of substance dependence and as a means of maintaining sobriety once the illness has been arrested. The program provides services primarily to adults referred through the criminal justice system. However, individuals referred through other sources are also seen within this out-patient program. The STOP program recognizes the importance of collaboration between the treatment system and the criminal justice system and encourages a team approach in the management and support of client's cases. This program can provide primary care in the treatment of substance abuse and dependence or provide follow up maintenance of sobriety for those moving further into their recovery.

Admission Criteria:

- Individual ages 18 and over
- Resident of Hamilton County (Note: if not a resident the individual must have Medicaid or pay 100% out of pocket.)

Gambling Addiction Program

Gambling is risking something of value on an event that is determined mostly by chance. For most people, gambling is a form of recreation.

For some, however, the pleasure has spiraled out of control. We offer treatment to individuals affected by this problem, through individualized counseling or groups.

SAMI (Substance Abuse and Mental Illness) Program

The SAMI program provides comprehensive outpatient recovery services to adults suffering with substance abuse and mental illness. Persons with co-occurring disorders of mental illness and substance dependence receive treatment for each of these disorders simultaneously. The program utilizes individualized treatment design to structure optimal therapeutic outcomes and recoveries for both primary diseases.

Individuals who are served by the SAMI program are suffering with co-morbid features of mental illness and chemical misuse. These individuals have a diagnosis of mental disorder and a chemical dependency or abuse diagnosis as defined in the DSM-IV.

A continuum of care has been developed with a range of services designed to address the severity of either disease process (chemical misuse or mental disorder) and/or to provide the sup-port necessary to successfully integrate the client in the community. This program consists of diagnostic assessment of both psychiatric and chemical abuse disorders, individual psychotherapy, group psychotherapy, case management, medical somatics and drug screening.

Services are offered to assist the individual in their recovery from alcohol and other drug addiction while at the same time treating illness such as Major Depression, Bipolar disorder, or Schizophrenia, Schizoaffective Disorder.

Admission Criteria:

- Individual ages 18 and over
- Current or Past diagnosis of the 5 major Mental Health Disorders and Substance Abuse

Programs Provide the following Services:

- Medical Somatic
- Crisis Intervention
- Prevention/Education
- Referral Assistance
- Assessment
- Individual Counseling or Psychotherapy
- Group Counseling
- Case Management

Residential Adult Programs

The Crossroads Center has two Residential Programs. These programs include a gender specific women's program and a co-ed program. The Chaney Allen Women's services Gender Specific program has two major focuses. The program is composed of a long term rehabilitation program and an Intensive Outpatient Program (IOP) component. The program serves Adult women.

Chaney Allen Women's Continuum of Care and Chaney Allen Women's Perinatal/Postpartum

The Crossroads Center's Chaney Allen Women's Continuum of Care program is designed to provide structured, progressive treatment for women with addictions, with an emphasis on treating women with dependent children and women of childbearing age, women who are pregnant or have given birth, experienced a miscarriage or had an abortion.

The program uses evidence based treatment practices. In addition, the program is gender specific with a focus on physical and sexual abuse, parenting and relationship problems relevant to females.

The program is structured to provide a continuum of care beginning with focused community outreach and education, centralized assessment with screening for the appropriate level of care, individual and group therapy at an outpatient or residential level of care, case management services, and psychiatric treatment.

The Chaney Allen Continuum of Care is designed to provide services and activities that impact several cooccurring problems such as child abuse/neglect, trauma issues, chronic health issues, dual disorders, employment and self-sufficiency.

The program has collaborative relationships with theHamilton County Job and Family Services (JFS), the Hamilton County Justice Center, probation and parole, Universityof Cincinnati Medical Center's Psychiatric Emergency Services (PES) and Hamilton County Mental Health and Recovery Services Board (HCMHR SB).

The assessment process is expedited for pregnant clients. The referral process provides linkage with a high risk pregnancy center, court and criminal justice systems, the Department of Job and Family Services, community mental health centers, case management agencies and psychiatric emergency services.



Services Include:

- Assessment
- Family Counseling
- Drug Screening
- Medical/Somatic Services
- Case Management
- Crisis Intervention
- Group Counseling
- Individual Counseling
- babysitting for children ages 5 and under.

Admission Criteria for Adults:

- Female
- Substance Abuse or Dependency not requiring detoxification
- Pregnant women are a priority for admission
- Aged 18 or older

Women may not be admitted if:

- She is going through detoxification.
- She is suicidal.
- She has medical needs that exceed the facility.

Residential Adult Programs

The Adult Residential Care (ARC) Program is a co-ed residential program. The program serves adult men and women who reside within Hamilton County. The program is composed of a Mental Health Court, Short-Term Rehab and an Intensive Outpatient component.

Mental Health Court Residential

Funded by the Hamilton County Mental Health and Recovery Services Board (HCMHRSB)

Courts have teamed up with mental health providers in an effort to provide treatment for those with chronic mental illness (in lieu of incarceration) from reoffending repeatedly. “The goal of the mental health court is to break that cycle,” based on the concept that recovery is important and obtainable. The goal is to get this targeted population psychiatrically stable, and compliant with their own treatment goals and then to obtain stable housing or supportive living arrangements to facilitate remediation of their psychiatric symptoms and reduce recidivism.

Admissions criteria:

- Individual has been charged with a misdemeanor, or felony charge
- Potential Client has a diagnosis of Schizophrenia, Schizoaffective Disorder, BiPolar, or Major Depression
- Referred by Mental Health Court
- Hamilton county resident
- Aged 18 years or older

Eligibility

Legal criteria: Charge must be a misdemeanor or felony, a nonviolent offense.

Mental health criteria: Person must have Schizophrenia, Schizoaffective disorder, bipolar disorder or Major depressive disorder that is recurrent.

Defendants must be: competent to stand trial, have the ability to understand and participate in treatment programs, and be willing to plead guilty to the charge.

Program length: Varies with individual client.

Short Term Rehabilitation

A non-medical community residential treatment program providing a wide continuum of services in support of the recovery process and home/community reintegration. Linkages to other formal and informal services are based on client needs.

Admissions Criteria:

- Individual must have a substance abuse disorder requiring short term residential care
- Hamilton county resident
- Aged 18 years or older

CHANGE Court

CHANGE Court, which stands for Changing Habits And Setting New Goals is Empowering, is designed to give those caught up in addiction, prostitution and/or victims of sex trafficking a chance to get clean, walk away with a clean record and rebuild their lives.

Intensive Outpatient Program (IOP)

Organized therapeutic services provided in non-residential setting at least three days per week, three hours a day in a professionally supervised program.

Program services include:

- Assessment
- Individual Counseling
- Group Counseling
- Family Counseling,
- Case Management
- Drug Screening
- Medical/Somatic Services
- Crisis Intervention
- Prevention & Education.

Psychology Services

The Crossroads Center Psychology Team is actively involved in clinical practice, research and training. Psychologists identify the presence of concurrent mental health concerns that may affect response to addiction treatment. The Psychology Department also provides comprehensive diagnostic and intellectual assessments and represents The Crossroads Center in the Clinical Trials Net-work (CTN) of the National Institute of Drug Abuse. The psychology team also partners with local psychology departments to train the next generation of psychologists.

Medication Assisted Treatment Program (MAP)

The Medication Assisted Treatment Program treats people addicted to opiates. The clinical staff includes a Medical Director specializing in addiction medicine and psychiatry, an Advanced Registered Nurse Practitioner specializing in addiction medicine, a Program Director, Registered Nurses, a Licensed Practical Nurse and Licensed Alcohol and Drug Counselors with significant experience in treating opiate dependence.

The Medication Assisted Treatment Program’s philosophy and objectives are to provide respectful, humane, state of the art clinical and holistic care for all of its clients. By achieving remission of addiction, the client can then focus on relearning healthy and sober coping behaviors in an effort to improve their lifestyle and once again become an integral part of their family and community.

What sets this program apart from other treatment programs is the care it provides for all of its clients as well as other services usually not seen with this type of program. We provide onsite



psychiatric care for many of its clients. Along with local OB-GYN clinics, it follows pregnant clients, markedly improving the health of the baby and mother. Our Medication Assisted Treatment Program, along with other Crossroads Center programs, is able to provide the level of care needed for all phases of recovery. It is also a resource for several community agencies and the legal system.

Admission Criteria:

- Individuals age 18 and older.
- Addicted to narcotics.
- Medically able to tolerate treatment.
- Live within a 50-mile radius of the facility.

Suboxone Treatment Program

The Crossroads Center has a Suboxone treatment program. This medication management program provides the following services: opiate addiction evaluation, ambulatory detoxification, stabilization and maintenance. When needed, this program also provides dual-diagnosis (concurrent mental health) evaluation and treatment. The Medical Director is an Addiction Psychiatrist.



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Main: 513-475-5300
TTY: 513-475-5376
Fax: 513-475-5394
Intake/ Assessment
513-475-5313

Hours of Operation:

Monday – Thursday:
8:00 a.m.— 8:00 p.m.
Friday: 8:00 a.m.— 5:00 p.m.
Saturday: 6:00 a.m.—10:00 a.m.
(MAP only)

Closed Sunday
and most Federal Holidays

thecrossroadscenter.org