About Dr. Duffy Spencer

Dr. Duffy Spencer is a Social Psychologist, Licensed Mental Health Counselor, Certified Gestalt Psychotherapist, Certified Imago Relationship Therapist and Corporate Human Relations Trainer. She specializes in helping people recover from "soft addictions" such as people pleasing, cluttering and overeating. "Dr. Duffy" speaks professionally on how to achieve higher energy and reclaim your natural life force.

She is the author of SPICE: the Essential Ingredients for Effective Living and the "Relationship Doctor" CD series, and co-author of Dealing With Difficult People and Leadership Strategists. Known as The Relationship Doctor™, Dr. Duffy is the host of WHPC's radio show Just Relationships (90.3FM). Her life's mission is to help people heal old hurts and build healthy and enjoyable relationships.

Dr. Duffy counsels both individuals and couples in her private clinical practice in Westbury. She also leads women's and couple's therapy groups, counseling, and conducts regular women's retreats.

*WHPC 90.3 FM Wednesday at 3:30 PM Monday at Midnight Student lore of the study concept of the study conc

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The Road to Happiness & Fulfillment:



with

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~Fall 2019~

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Dr. Duffy Spencer's

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