

About Dr. Duffy Spencer

Dr. Duffy Spencer is a Social Psychologist, Licensed Mental Health Counselor, Certified Gestalt Psychotherapist, Certified Imago Relationship Therapist and Corporate Human Relations Trainer. She specializes in helping people recover from “soft addictions” such as people pleasing, cluttering and overeating. “Dr. Duffy” speaks professionally on how to achieve higher energy and reclaim your natural life force.

She is the author of *SPICE: the Essential Ingredients for Effective Living* and the “Relationship Doctor” CD series, and co-author of *Dealing With Difficult People* and *Leadership Strategists*. Known as The *Relationship Doctor*™, Dr. Duffy is the host of WHPC’s radio show *Just Relationships* (90.3FM). Her life’s mission is to help people heal old hurts and build healthy and enjoyable relationships.

Dr. Duffy counsels both individuals and couples in her private clinical practice in Westbury. She also leads women’s and couple’s therapy groups, counseling, and conducts regular women’s retreats.

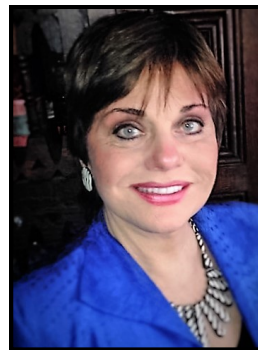
*WHPC 90.3 FM
Wednesday at 3:30 PM
Monday at Midnight

The Road to Happiness & Fulfillment:



with

Dr. Duffy Spencer



The Relationship Doctor™

~SPRING 2020~

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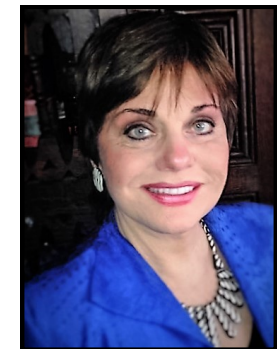
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Each show airs twice a week:
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To register, call
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Heal Old Hurts and
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Learn how to address your feelings in a conscious way through FOUR specific and doable steps so you can get on with your life and become the happy, flexible person you were meant to be.

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Saturday, March 21, 2020
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