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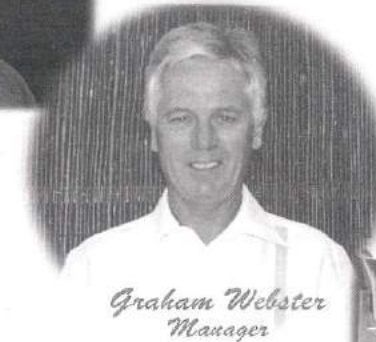
St. Albans H.C.

St. Albans Hockey Club, Clarence Park,
Clarence Road, St. Albans, Herts Phone: (01727) 850388

2003-2004 Season Official Matchday Programme



*Gareth Terrett
Captain*



*Graham Webster
Manager*



*Julian Halls
Coach*

The Management Team

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Division One 2002/03
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1989-90, 1990-91, 1991-92,
1993-94, 1996/97

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2003 - 2004

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WOODSCAPE WISHES ST. ALBANS H.C. ALL THE BEST FOR THE SEASON

FOUNDED 1898
ST. ALBANS HOCKEY CLUB

WELCOME

For the last home game of our National League Premier Division season 2003, we welcome Hampstead and Westminster H.C., a Club which St. Albans H.C. have been playing since season 1951-52 when on 19th April 1952 Hampstead H.C. (as they were then known) were entertained at Clarence Park and according to our records the result was a comfortable win by 9 goals to one. Will that be repeated in 2003?

It is interesting to look through the fixtures that were played in that season and featuring in the St. Albans 1st XI that year were old Dunstablians, Barnet, Great Western Railway, Queens College Cambridge, Lensbury as well as local Clubs in Hertfordshire that of course we no longer play, but such matches against them are still enjoyed by other teams within St. Albans H.C.

In that season the colours of St. Albans H.C. were navy blue with white collars and cuffs, blue and white ringed stockings.

In the second half of the current season there will be six home games which will off set the balance of away games in the first half of the season.

As this is the last match before the Christmas holidays and the onset of Indoor Hockey, the management and players of St. Albans H.C. wish everyone a happy, enjoyable Christmas break and an even more prosperous time in 2004.

J.W.Jarrett

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 ** ** ** ** ** ** ** ** ** ** ** ** ** ** ** ** ** ** **
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NEXT HOME GAME

SUNDAY 15TH FEBRUARY 2004

ST. ALBANS H.C.-v - LOUGHBOROUGH STUDENTS H.C.

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 ** ** ** ** ** ** ** ** ** ** ** **
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ST. ALBANS HOCKEY CLUB 1 - V - HAMPSTEAD AND WESTMINSTER 1
ENGLISH HOCKEY LEAGUE PREMIER DIVISION
SUNDAY 30TH NOVEMBER 2003 2.00PM PUSH BACK
TRENT PARK, OAKWOOD, LONDON

ST. ALBANS HOCKEY CLUB

HAMPSTEAD & WESTMINSTER HOCKEY CLUB

1	SHEA	BROWN (GK)	ENG U16	1	PATRICK	ALDRIDGE (GK)
2	MALCOLM	YULL (GK)	HERTS	2	THOMAS	MATTHEWS
3	ALLY	BRAY	HERTS	3	EDWARD	BEVAN
4	JULIAN	HALLS	GB	4	GARY	BOUCHER
5	NICK	SEAGRAVE	HERTS	5	WILLIAM	NURSE
6	PAUL	BOLLAND	GB	6	GEORGE	BRETTEEN
7	GARETH	TERRETT (CAPT)	WALES	7	EDWARD	O'BRIEN (CAPT)
8	IAN	HAMMOND	NOTTS	8	ANDREW	CORNICK
9	GLENN	WEBSTER	ENG. U21	9	PAUL	HILTON
10	ALEX	JENNINGS	ENG. U18	10	MARK	SULLY
11	STUART	JOHNSTONE		11	HUW	JONES
12	PAUL	ELLIS	NORTHANTS	12	ANDY	HESLOP
13	STEVE	JONES		13	NIGEL	LAND
14	ANDY	LANGLAND	ENG.U21	14	MARK	DARBON
15	OLLY	DIDHAM	ENG. U16	15	JOHN	NEIL
16	STUART	HARDY	BUCKS U21	16	DAN	CATTERMOLE

MANAGER; GRAHAM WEBSTER
 COACH. JULIAN HALLS

MANAGER; JAMES MARSOM
 COACH TODD WILLIAMS

COLOURS; SHIRTS; TANGERINE
 SHORTS; BLACK
 SOCKS TANGERINE

COLOURS SHIRTS WHITE/NAVY BAND
 SHORTS NAVY BLUE
 SOCKS NAVY/SKY BLUE

UMPIRES; MARK HARRIS & RICHARD SHAW
 MATCH DELEGATE; IAN MARSH

MEN'S PREMIER DIVISION

		Pl	W	D	L	GF	GA	GD	Pts
1	Cannock	7	5	2	0	29	14	15	17
2	Reading	7	5	1	1	29	17	12	16
3	Surliton	7	5	1	1	19	11	8	16
4	Hampstead & W	7	4	0	3	17	21	-4	12
5	Old Loughtonians	7	2	2	3	17	18	-1	8
6	Loughboro' Students	7	2	2	3	16	17	-1	8
7	Canterbury	7	2	1	4	19	21	-2	7
8	Guildford	7	1	3	3	11	15	-4	6
9	St Albans	7	1	2	4	10	20	-10	5
10	Teddington	7	1	0	6	10	23	-13	3

MEN'S DIVISION ONE

		Pl	W	D	L	GF	GA	GD	Pts
1	Firebrands	7	6	0	1	26	13	13	18
2	Bowdon	7	4	3	0	31	16	15	15
3	Bournville	7	4	0	3	22	18	4	12
4	Chelmsford	7	3	1	3	20	15	5	10
5	Belper	7	3	1	3	14	13	1	10
6	Nottingham	7	3	0	4	19	27	-8	9
7	Beeston	7	3	0	4	18	26	-8	9
8	Stourport	7	2	2	3	19	22	-3	8
9	Doncaster	7	2	0	5	15	24	-9	6
10	Southgate	7	1	1	5	15	25	-10	4

MEN'S DIVISION TWO

		Pl	W	D	L	GF	GA	GD	Pts
1	Old Georgians	9	8	0	1	41	12	29	24
2	East Grinstead	9	7	2	0	38	13	25	23
3	Brooklands MU	9	5	2	2	25	14	11	17
4	Havant	9	5	1	3	34	27	7	16
5	Bath Buccaneers	9	4	2	3	30	21	9	14
6	Formby	9	4	2	3	22	20	2	14
7	Indian Gymkhana	9	4	2	3	21	25	-4	14
8	Leek	9	3	1	5	18	23	-5	10
9	Barford Tigers	9	3	1	5	22	36	-14	10
10	Lewes	9	1	4	4	20	25	-5	7
11	Hounslow & Ealing	9	1	1	7	12	34	-22	4
12	Oxford Hawks	9	0	0	9	11	44	-33	0

WHEN IS AUTUMN?

On the 22nd September we passed another marker on the downward path towards winter, because this is the autumn equinox. This date is the most common date it can fall but it can also be on the 21st or 23rd September depending where we are in the leap-year cycle.

The word 'equinox' derives from the Latin *aequi* meaning 'equal' and *nox* meaning 'night'. Thus, on this date (and at the spring equinox), day and night are theoretically the same length throughout the world, with the sun above the horizon for 12 hours. In practice, this is not true!

Local geography causes irregularities in the horizon in any particular place, and the fact that the Earth is not precisely spherical also has an effect. However, the main influence on the theoretical day length is the Earth's atmosphere, which cause the sun's rays to be refracted as they pass through.

In the latitude of the British Isles, this refraction effect gives us an extra six minutes of daylight. We see the sun rising three minutes before it is actually there, geometrically speaking, and we see it setting three minutes after it has gone! This leads to a curious paradox at the North and South Poles. At the North Pole, following the six-month long summer day, the sun should, in theory, travel around the whole horizon on the date of the equinox, dipping gently below the horizon at the beginning of the long winter night. But because of refraction the sun will be just above the horizon throughout both equinoxes at both Poles.

Some people still like to call the autumn equinox the beginning of autumn, and many are surprised to learn that in Britain there is no such thing as an official first day of any season, and there never has been. The idea of four equal seasons separated by the equinoxes and by the solstices is purely an astronomical one. The climate historian E.L. Hawke believed that this division was originally proposed around 70BC by a Greek astronomer called Geminus.

Geminus's concept was not widely known until the fashion for almanacs and diaries sprang up in the 19th century. Its illogicality is apparent when one realizes that the last day of summer and of winter are the same length. A more logical arrangement would be to adopt the equinoxes and solstices as the mid-points of the season, so that the longest day would mark midsummer and the shortest day midwinter.

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ENGLISH HOCKEY LEAGUE MEN'S PREMIER DIVISION 2002/03

	P	W	D	L	F	A	Diff	Pts
1 Cannock Men's 1s	18	16	0	2	91	33	58	48
2 Reading Men's 1s	18	15	1	2	67	27	40	46
3 Surbiton Men's 1s	18	11	2	5	57	30	27	35
4 Loughboro Students Men's 1s	18	10	2	6	56	36	20	32
5 Guildford Men's 1s	18	8	4	6	44	37	7	28
6 Canterbury Men's 1s	18	7	2	9	39	45	-6	23
7 Teddington Men's 1s	18	6	2	10	34	56	-22	20
8 Hampstd & Westminster Men's 1s	18	5	1	12	32	72	-40	16
9 St.Albans Men's 1s	18	3	0	15	26	68	-42	9
10 Doncaster Men's 1s	18	1	2	15	35	77	-42	5

ENGLISH HOCKEY LEAGUE MEN'S DIVISION ONE 2002/03

	P	W	D	L	F	A	Diff	Pts
1 Old Loughtonians Men's 1s	18	16	2	0	82	26	56	50
2 Beeston Men's 1s	18	10	4	4	58	40	18	34
3 Firebrands Men's 1s	18	10	1	7	55	40	15	31
4 Belper Men's 1s	18	8	5	5	44	40	4	29
5 Chelmsford Men's 1s	18	9	1	8	40	41	-1	28
6 Southgate Men's 1s	18	7	2	9	49	52	-3	23
7 Bourneville Men's 1s	18	6	2	10	33	54	-21	20
8 Stourport Men's 1st X1	18	5	3	10	35	43	-8	18
9 Barford Tigers Men's 1s	18	4	2	12	26	61	-35	14
10 Brooklands MU Men's 1s	18	4	0	14	31	56	-25	12

ENGLISH HOCKEY LEAGUE MEN'S DIVISION TWO 2002/03

	P	W	D	L	F	A	Diff	Pts
1 Bowdon Men's 1s	22	17	4	1	78	29	49	55
2 Nottingham Men's 1s	22	14	3	5	81	47	34	45
3 Havent Men's 1s	22	14	2	6	73	50	23	44
4 Hounslow & Ealing Men's 1s	22	13	4	5	43	25	18	43
5 Indian Gymkhana Men's 1s	22	12	3	7	69	57	12	39
6 East Grinstead Men's 1s	22	10	3	9	54	45	9	33
7 Bath Buccaneers Men's 1s	22	7	7	8	61	49	12	28
8 Oxford Hawks Men's 1s	22	8	4	10	39	54	-15	28
9 Formby Men's 1s	22	6	5	11	33	48	-15	23
10 Lewes Men's 1s	22	5	3	14	32	69	-37	18
11 Peterborough Town Men's 1s	22	4	1	17	33	65	-32	13
12 Blueharts Men's 1s	22	2	1	19	24	82	-58	7

**NATIONAL CLUB
KNOCK-OUT CUP COMPETITION**

2003		
SUN	7TH SEPT	CUP PRELIMINARY ROUND
SUN	21ST SEPT	ROUND ONE
SUN	12TH OCT	ROUND TWO
SUN	2ND NOV	ROUND THREE: NATIONAL LEAGUE CLUBS ENTER
SUN	23RD NOV	ROUND FOUR
SUN	14TH DEC	ROUND FIVE
2004		
SUN	1ST FEB	ROUND SIX
SUN	7TH MAR	SEMI FINALS
SUN	4TH APR	CUP FINAL

INDOOR HOCKEY EVENTS

Saturday and Sunday 3rd/4th January 2004

DTZ INDOOR TOURNAMENT

Saturday and Sunday 10th/11th January 2004

Saturday and Sunday 17th/18th January 2004

HIGGINS GROUP INDOOR LEAGUE MATCHES - Various venues

Saturday 25th January 2004

HIGGINS GROUP INDOOR PLAY-OFF MATCHES

Saturday 30th January 2004

HIGGINS GROUP INDOOR FINALS NIGHT

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*The Hockey Centre wishes St. Albans
Hockey Club all the best for the
forthcoming season*



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