



*Anti-Doping Programme*

# **Doping Control Facilities**



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## The Anti-Doping Programme

UK Sport is committed to the development of a fair and ethical sporting environment. The work of the Directorate includes anti-doping, protection of individuals and ensuring fair and equitable practices in sport.

A significant component of the work in this area aims to achieve drug-free sport and ensure the protection of both athletes' rights to participate in drug-free sport as well as their reputations. This is achieved through the planning, implementation and management of the UK's anti-doping policies and programmes. In practice the Directorate is responsible for the development of the national anti-doping policy, implementation and management of an effective testing programme for all sports in the UK, the conduct of a comprehensive education programme and information dissemination. The Directorate also contributes to the international fight against doping in sport through its involvement in various international agreements and projects. Annually, as part of its policy of open accountability UK Sport publishes a report on its anti-doping programme.

In partnership with the governing bodies of sport in the UK, the anti-doping programme achieves the highest standards of integrity for sport, protects athletes rights to participate in sport that is drug-free and earns athlete confidence that their reputations are protected. The sample collection process is vital to achieving a high quality drug testing programme. The facilities provided by the governing bodies of sport are integral in ensuring the security and integrity of the sample collection process as well as ensuring that athletes have confidence in the system.

## The Doping Control Facilities

Anti-doping programmes are an accepted and necessary part of sports competition and training. To facilitate the smooth conduct of drug testing, adequate facilities must be made available by the governing body and this should be considered an important criteria when booking a venue (particularly for a major event). Few sporting venues have custom built or completely adequate doping control facilities available. The following information outlines the principles that should be considered when establishing a Doping Control Station.

## What are the ideal facilities for a Doping Control Station?

The following list outlines the ideal facilities and layout for a Doping Control Station. The station should meet the following criteria, however it is recognised that it is not always possible. Where ideal facilities are not

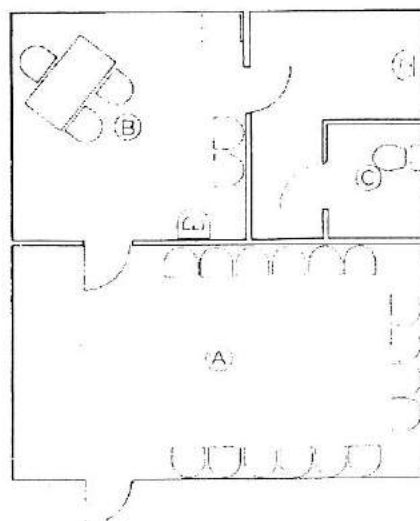
available the governing body should liaise with the Sport Manager from the Ethics and Anti-Doping Directorate to confirm that testing should proceed.

- Adequate facilities must be provided by the governing body to ensure the privacy and security of sample collection. The facilities should be as close as possible to the competition/training area.
- The Doping Control Station should comprise:
  - a waiting area
  - an administration area with adjacent toilet facilities for the collection of the samples

Ideally, there should be at least two adjoining rooms in the Doping Control Station.

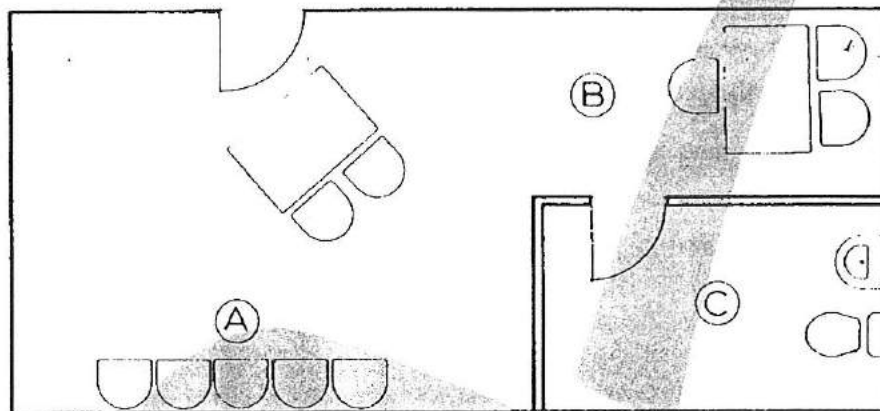
- Although communal waiting and administration areas may be used, separate toilet facilities for men and women should be provided at a mixed event. The toilets must be large enough to accommodate the Independent Sampling Officer (ISO) and the competitor. Disabled toilets are ideal for sample collection, however priority must be given to disabled persons and the facility should be re-checked after use.

### AN IDEAL DOPING CONTROL STATION



- A Waiting area
- B Administration area
- C Sample collection area

## AN ALTERNATIVE ARRANGEMENT



- A Waiting area
- B Administration area
- C Sample collection area

- The waiting area should have chairs, clothes hangers and hooks, space for an adequate supply of drinks and a rubbish bin. Reading materials and if possible, a radio or TV are helpful to create a relaxed atmosphere. The waiting room must be large enough to accommodate the number of athletes that may be tested at any one point in time.
- The administration area should contain a table and chairs, wash basin, soap and paper towels, waste bin and/or black rubbish bags.
- For major events or multiple day events, a lockable freezer or refrigerator for storage of the samples is useful. If a refrigerator is used, food and drink must not be stored in the same refrigerator.
- The Doping Control Station should be clearly signposted. Signs should be securely attached so that they cannot be easily removed during the event.
- Entry to the Doping Control Station should be secure. A person (ISO or governing body representative) should be assigned responsibility for security of the Doping Control Station. Security arrangements should be made for monitoring entry to and exit from the Doping Control Station. A record of all entry(ies) to and from the Doping Control Station should be kept by the Independent Sampling Officer team, including name, time of entry and time of departure. This record, kept by the door, should include ISOs, competitors, accompanying officials and any other authorised personnel. Where facilities cannot be locked, an

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ISO must be situated in the station at all times to prevent unauthorised entry.

### What are the minimum requirements for a Doping Control Station

As a minimum the following doping control facilities must be made available:

- ✓ toilet
- ✓ wash basin
- ✓ clean, flat surface for administration
- ✓ seating area
- ✓ privacy and security for the sample collection and persons involved

### What other specific arrangements are the responsibility of the governing body?

- Drinks, for the athletes selected for testing, should be provided by the governing body or event organiser. These drinks should be non-alcoholic, caffeine-free and in sealed containers, such as still water, soft drinks (carbonated, non-carbonated and caffeine-free).
- Inform the relevant Sport Manager of the location of the Doping Control Station at the venue (via the Event Contact Sheet) so that the ISOs can find the station easily.
- The ISOs will be carrying heavy equipment - it is helpful if there is car parking close to Doping Control Station.
- The lead ISO will arrive prior to the commencement of testing in order to liaise with the Governing Body on the final details such as the Doping Control Station set-up.
- If you are unsure about the suitability of your facilities, please contact your Sport Manager

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