



SUPER SATURDAY

Saturday 29 February, 2020

Ladies' Investec Premier Division

Ladies' 1st XI Surbiton

13:30



Umpires: David Howell and Cathy Wright Match officials: Richard Chere



Men's 1st XI **University of Exeter**

15:30

Umpires: Lee Barron, Andy Poulain Match official: Richard Chere



Thank you for coming!







Clinic









A message from the captains



Welcome to Super Saturday! For the first (and last!) time this season the L1 and M1 play at home in what will hopefully be 2 exciting fixtures as we head into the final few games of the season.

Last weekend both teams sealed their place in the play offs. The ladies had a great win away at Holcombe before a slightly trickier afternoon at East Grinstead. Whereas the men faced Reading and then play off rivals Old Georgians on Sunday and managed to bag all 6 points.

Today's games will certainly be a real challenge. The Ladies play Surbiton who maintain their formidable form at the top of the league having only dropped 2 points all season which is incredible. Meanwhile the boys play Exeter who have been rejuvenated after Christmas and are now banging in the goals for fun.

ABN AMRO join us for today's games and will be awarding a HWHC player of the game award with a novelty cheque. We are also excited to welcome London Women's Clinic, who have joined us as a club sponsor. Thank you as ever to MoreSpace, ABN AMRO and Francis Holland School for their continued support.

We hope you all enjoy the games. Be sure to make plenty of noise, but most of all, thanks for coming down.

Katherine, Hayley & Toby







HWHC Ladies' 1st XI

Surbiton

1	Rochelle Gianfrancesco (GK)	Sabbie Heesh (GK)	1
4	Annabel Driver	Grace O'Hanlon (GK)	3
5	Fleur Horner	Darcy Bourne	4
7	Hayley Turner	Giselle Ansley	5
10	Katherine Baker (Capt)	Sarah Evans (Capt)	7
11	Sarah Robertson	Georgie Twigg	8
12	Lily Owsley	Hannah Martin	10
14	Kate McCaw	Holly Payne	11
17	Lauren Turner	Emily Atkinson	12
19	Emily Rowlands	Ella Burnley	13
20	Melanie Wilkinson	Issy Carey	15
21	Grace Balsdon	Emily Defroand	16
22	Joanna Leigh	Beckie Middleton	17
24	Holly Hunt	Erica Sanders	18
25	Lucy Hyams	Susie Catlin	19
26	Fran Tew	Jenna Woolven	21
		Maddie Long	22
		Alice Sharp	23
		Holly Munro	25
		Robyn Collins	26
		Tess Shahbo	29
		Eloise Stenner	30
		Emily Guckian	34
		Brooke Butler	40

Team Colours

Shirts	White, navy	Green					
Skirts	Navy	White					
Socks	Navy, white	Maroon					
Co-Coach	Kate Richardson-Walsh	Julie Garbett	Manager				
Co-Coach	Sarah Kelleher	Leigh Maasdorp	Coach				
Manager	Anna Johnson	Tom Archer	Assistant Coach				
Videographer	Hannah Cureton	John Maasdorp	Videographer				
		Control of the Contro					





Investec Women's Premier Division















Team	P	W	L	D	GF	GA	GD	Pts
Surbiton	15	14	0	1	41	17	24	43
Hampstead & Westminster	15	10	4	1	46	23	23	31
East Grinstead	15	9	3	3	34	20	14	30
Buckingham	15	7	6	2	32	32	0	23
Loughborough Students	15	5	8	2	21	26	-5	17
Clifton Robinsons	15	5	9	1	26	34	-8	16
Holcombe	15	5	9	1	25	36	-11	16
Beeston	15	5	10	0	18	30	-12	15
University of Birmingham	15	4	9	2	19	28	-9	14
Bowdon	15	3	9	3	18	34	-16	9

Fixtures February 29, 2020

12:00 Buckingham v Beeston

13:30 Holcombe v Clifton Robinsons

13:45 Bowdon v University of Birmingham

14:00 Loughborough Students v East Grinstead

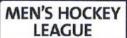
Results February 23, 2020

Surbiton 2 - 1 Holcombe Clifton Robinsons 3 - 2 Buckingham East Grinstead 2 - 1 Hampstead & Westminster University of Birmingham 3 - 1 Loughborough Beeston 3 - 2 Bowdon

Results February 22, 2020

Loughborough 1 - 0 Beeston Clifton Robinsons 1 - 2 University of Birmingham Holcombe 1 - 4 Hampstead & Westminster Buckingham 2 - 5 Surbiton





HWHC Men's 1st XI

University of Exeter

1	Toby Reynolds-Cotterill (GK) Taylor Seager-Green (GK)		
2	Steve Kelly	Alex Sweet	3
3	Jonny Gooch	Sam Paterson	4
4	Richard Wijtenburg-Smith	Owen Evans-Evans	5
5	James Oates	Rhys Bradshaw	6
6	Marc Edwards	Duncan Scott (Capt)	7
7	Toby Roche (Capt)	George Carson	8
8	Chris Cargo	James Ferguson	9
9	Rupert Shipperley	Thomas Butler	10
10	Jacob Draper	Max Lowrey	11
11	Paul Melkert	Kiran Patel	12
12	Sam French	Kieran Walton	14
13	Matt Guise-Brown	Sam Hooper	15
14	Hywel Jones	Tomek Bruml	16
15	Harry Martin	Dan Jackson	17
16	Götz Mahdi	Simon Mantell	18
17	Kwan Browne	Charlie Taylor	20
18	Josh Kelly	Archie Winter	21
19	Will Calnan	Will Graver (GK)	23
20	Rhodri Furlong		
21	Lekan Ogunlana		
22	Kei Kaeppeler		

Team Colours

ream Colours							
Shirts	White, navy	Green					
Shorts	Navy	White					
Socks	Navy, white	White					
Coach	Kwan Browne	David Hacker	Coach				
Assistant Coach	Huw Stevens	Simon Tyson	Manager				
Assistant Coach	David Cooper	PJ Dundass	Athletic Trainer				
Manager	David Stevens	t.					
Physio	Sarah Hart						
Videographer	Hannah Cureton	MEN'S H	CLIE				
		LEA	JUE INGLAND				











Men's Hockey League Premier Division

Team	P	w	L	D	GF	GA	GD	Pts
Surbiton	15	13	0	2	78	21	57	41
Wimbledon	15	10	2	3	62	24	38	33
Hampstead & Westminster	15	10	3	2	50	34	16	32
Old Georgians	14	7	3	4	46	35	11	25
Holcombe	15	5	5	5	41	43	-2	20
Beeston	14	5	7	2	32	28	4	17
East Grinstead	15	4	9	2	29	52	-23	14
University of Exeter	15	3	10	2	21	63	-42	11
Brooklands Manchester University	15	3	11	1	25	53	-28	10
Reading	15	1	11	3	22	53	-31	6

Fixtures February 29, 2020

14:00 Beeston v Wimbledon

14:00 Surbiton v Brooklands Manchester University

18:00 Old Georgians v East Grinstead

18:30 Holcombe v Reading

Results February 23, 2020

East Grinstead 0 - 4 Surbiton Reading 1 - 3 Wimbledon Beeston 2 - 1 University of Exeter Old Georgians 1 - 3 Hampstead & Westminster Brooklands Manchester University 1 - 1 Holcombe

Results February 22, 2020

Surbiton 3 - 3 Old Georgians Wimbledon 7 - 2 East Grinstead Beeston 3 - 4 Holcombe Hampstead & Westminster 5 - 0 Reading Brooklands Manchester University 2 - 3 University of Exeter Inside Hampstead - Lucy Hyams





How long have you been at HWHC, and why did you join us?

This is my second season at Hampstead, I joined last year because I knew a few girls on the team and the standard was going to be challenging.

After your time at HWHC how would you describe the club in 3 words?

Fun, Friendly and Fantastic

What do you do when you're not on a hockey pitch?

I like to go spinning and trying all the local pubs in Greenwich

Do you have a pre-game ritual?

On game day I always wear my socks on the opposite foot. I'm a little _superstitious.

What's your favourite post game tipple?

Lime & Soda and a pint

When did you last score, and was it a stunner?

















Playoffs game vs Loughborough last season

Most embarrassing moment on a hockey pitch?

Last year against Harleston magpies I injected the ball on a short corner and it went straight to the oppositions centre forward

If you could be another teammate for a week who would it be and why?

Mel Wilkinson she seems to have a really interesting job.

If you could attend any sporting event in the world, what would it be?

Super Bowl!

Best thing your coach has said in a team talk?

Enjoy and trust playing with each other

What are you most looking forward to this year?

Visiting Norway with some of the girls.

Best things about HWHC?

The vibe at the club is great, everyone is so welcoming and friendly. Definitely the best club to be a part of!

Thanks Goose and good luck today!



Inside Hampstead - Lekan Ogunlana



How long have you been at HWHC, and why did you join us?

I'm currently in my third season at the club. The main reason why I chose this club is because I wanted to challenge myself by diving in the deep end of adult hockey having only ever done school and junior level. I joined HWHC a place where I wasn't really known to many. A major factor was that it was fairly close to university and relatively so to home so once I'm finished with university I have club to stay long term at.

After your time at HWHC how would you describe the club in 3 words?

Gracious, bubbly, humble

Which team do you look forward to playing against the most and why? On the flip side, is there a team you don't look forward to playing?

Probably Surbiton because my brother plays for them, which can be fun depending on the result.

What do you do when you're not on a hockey pitch?

Sadly in the library working hard for my degree.

Do you have a pre-game ritual?













Not really but based on match timings.

Early morning game: Bacon baguette and chips. However if I'm going to be late to a game I'll find a Starbucks on my way and get a ham and cheese panini with a vanilla and cream Frappuccino. Later games, rice, tomato stew, mixed veo with a salmon fillet.

Most embarrassing moment on a hockey pitch?

Back when I was in an county cup semi final I thought someone took a shot outside the d, let it go in and conceded a goal. We ended up losing the game and got knocked out the competition

If you could be another teammate for a week who would it be and why?

Definitely Fingers, it's pretty self-explanatory but also his job can be seen to some as a borderline breeze so must quite chilled week.

If you could attend any sporting event in the world, what would it be?

The PDC Darts World Championship

Who is your role model?

William Étwipe, never dry and cleans up pretty much anything. If you don't know W.Étwipe, other role models include Paul Flick, Peter Rick, Andy Verage, Fred Ronstix, Paul Enis, Tomas Urbononcé. And if you haven't got the joke by now unlacky.

Who is your dream date?

David Stevens, he always get the bill

Which teammate would be voted off Big Brother first and why?

Kyle White, he's really not that popular.

Which teammate is most likely to avoid paying for a round when you are out?

Not gonna lie but this is definitely me

Where do you see yourself in 10 years?

Still not having a driving license and bus hopping everywhere.



Where did you get your nickname?

My nickname is Thumper. I don't actually remember how I got it but I believe it was at a training session and I think Josh Kelly gave the name so probably best ask him.

Who the longest in the shower, you or Melky?

I would have to back myself but in terms of body proportion the small man wins.

What's your favourite rock?

If you didn't know I'm a geologist hence the strange question but the answer is Opal. Opal is a form of amorphous (cryptocrystalline) silica that contains water in its atomic structure. Opal has an iridescence and is most commonly white however, it can be brightly coloured (picture provided). It is commonly found with sandstones, rhyolites (fine-grained granite), marl or basalts. I really could go on about other rocks too but I wouldn't want to bore anyone.

What's your preferred manufacturer of flip flop for verruca prevention in the post game showers?

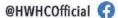
I source my flip flops from the local street stores of Lagos, Nigeria. manufacturer unknown. You must though buy at the store which is really annoying. It's annoying because usually the quality ranges from maybe a week to years. Due to this I must buy in bulk whenever I travel to Nigeria or ask my relatives to buy some when they are visiting England.

Thanks Leks and good luck today!

















We continue to seek partners who share our values and who would like to be part of building the future of our club. Please get in touch if you are interested.



2019 has been a special year for Hampstead & Westminster Hockey Club. Calabrating our 125th Armivaruany, we have been privileged to experience come special moments both on and off the pitch. Our Man's LetXI were crowned Promise League Osumpions. The Ladies 1stXtwon their regional league, then went onto finish top of the play offs, earning a place in the Premier League for this coming season. Off the pitch the club is thriving, our membership has grown to over 900 people across adult and junior sections, making us the largest club in the country.

Our ambition as a club is to continue building success on the path, whilst creating an environment that is inclusive and approachable, allowing people of all ages and standards to come and play, watch and be part of our club.

With the Man's and Laties 1stXI teams playing in the Premier League, we are able to generate exponure locally and nationally, across various publications and digital channels.

We are currently seeking partners who share our values and would like to be part of building the future of our club. There are opportunities available across the club. these can be tailored to merketing requirements and budgets.

Mmys1srX

England Hockey Indoor Finalists 2019 Euro Hockey League Finals 2019/20 Filled with Interretionals & Clympione (current and past) hed by Kwan Browns - current GB

ADMS 1st X

Internationals & Olympians Gold Winning Captain - Re 2018

ASSETS AVAILABLE TO POTENTIAL CLUB PARTNERS RichAdvertising Logos on Playing Kit. Website Barners Newletter Integration Matchday Programme Advents

Integrated Digital Posts **Coaching Sessions** Talks from Players / Coaches Tickstrito International Games Invitations to Club Essets Access to Club Detabase Signed Memorabilia

IF YOU WOULD LIKE TO DISCUSS FURTHER PLEASE CONTACT TOSY ROCHE SPONSOR@HWHOCKEY.CLUB - 07837655191























HAMPSTEAD & WESTMINSTER HOCKEY CLUB

CITY LUNCH NO.3

Friday 6 March 2020, 12pm - 5pm

Call for lunch at 1pm

Smith & Wollensky, Covent Garden Riverside John Adam St. London WC2N 6HT

Dress: Smart/casual

Auctioneer: **Aaron James**

Tickets: £90 per person

Includes complimentary drinks reception, three course lunch and auctioneer

You can purchase tickets online at https://www.pitchero.com/clubs/ hampsteadwestminsterhockeyclub/payments.

To buy tickets by bank transfer or to buy a table, or for any queries on seating arrangements, please contact: Charles Packe on 07958 902903 or consultancycp@aol.co.uk.

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