

YESHIVAH- BETH RIVKAH

Newsletter

Term 3 Week 3
כ"ב אב תשע"ח
3 August 2018

Parshas Eikev The Little Things

By Mordechai Wollenberg
Chabad.org

This week's Torah reading begins with the statement "Vehaya eikev tishme'un..." The literal translation is "Because of your listening to these commandments" (you will merit the blessings which the Torah goes on to enumerate).

The word eikev can also mean "heel." The commentator Rashi explains that the verse is alluding to the "light" commandments, the seemingly less important mitzvot which people tend to "trample with their heels." The type of things which all too easily fall by the wayside. We all know about the "major" commandments, such as keeping kosher, or fasting on Yom Kippur, things like that. What about the smaller details? Are we as careful?

This idea applies across all aspects of our lives. The quietest child — do we too easily ignore him or her precisely because s/he is quiet and shy? What about all those big multi-million dollar campaigns for this or that cause? It is very good that some causes get such high publicity — but what about the causes nobody hears about? The "little" things which fall by the wayside?

What about the workplace? Obviously I would never dream of embezzling from my

employer. That is clearly immoral and not right. On the other hand, I need to make a quick international personal call — surely nobody will mind. It's only a few dollars, right? Are we taking advantage of someone else, even in a small, seemingly insignificant manner?

Then there is my relationship with G-d, my behavior as a Jew, charged with maintaining high standards in all aspects of my life. Obviously I would never do anything really terrible, but what about the "small details"? Are they as important to me?

These and many other examples come to mind in our everyday lives, at home and at work, in our business, financial and personal dealings. It is all too easy to rationalize and justify a small-scale violation of our principles, much more so than a "major" violation.

Of course, a large number of small quantities add up to a much larger quantity, even if they are seemingly insignificant by themselves. But there is an additional reason why the "small details" are so important. A person has two inclinations — the "good inclination" and the "evil inclination" (yetzer tov and yetzer hara) — those two inner voices that clamor for our attention. The evil inclination is very smart and devious. It does not come to a person and say, "Go on, rob a bank," or a similarly large-scale misdeed. Why not? Because it knows no decent person will fall for such a suggestion.

So it comes to a person and suggests a much more reasonable sounding idea — why not add a few dollars to the expenses claim, after all you worked hard, you deserve to get paid more anyway, right? Once we fall for the lighter temptation, our resistance has been eroded and it will be much easier to become ensnared in worse and worse behavior until we find ourselves falling into large-scale violations of our principles.

This is why the seemingly little things are so important — they must not be trampled on, allowed to fall by the wayside. By withstanding the small temptations, we avoid the slippery slope that leads to greater transgressions and remain true to our principles.

Let us not forget the little things.

Shabbos Candle Lighting Times

Erev Shabbos
3 August / 22 Av 2018
Light Candles at 5:16pm

Shabbos
4 August / 23 Av 2018
Shabbos Ends at 6:16pm

Israel Week

During this week Monday 30th July to Friday August 3rd (Parshas Eikev) the Gurewicz Early Learning Centre had a centre wide focus on Eretz Yisroel. Use your imagination, as your children did, to enjoy our trip. Below is a very brief description of some of our exciting experiences.

Day 1 – All aboard El Al Flight 613

Finally, after all the excitement of packing our bags we headed off to the airport (Goldhirsch Hall) to board our long awaited EL Al Flight to Eretz Yisroel. The Hall was decked out to represent an El Al plane. Some children really believed they were on board

a plane, especially when the lights were dimmed and the compulsory safety check was on the screen.

The staff dressed up as El Al stewards, and stamped each child's passport, checked tickets and handed out plane snacks for the trip. Upon touchdown in Eretz Yisroel there was much singing and dancing as we disembarked into Ben Gurion airport. Thank you to Amy Jacobs for her technical support to ensure a smooth flight.

Day 2- Machaneh Yehuda Market Day

The foyer was set up with the smells, noise and vitality of Machne Yehuda – the SHUK. Every child decorated a shopping bag to go shopping for the shivas haminim. The

children were so excited to go through all the stalls, fill their bags and pay for their Israeli food products with the shekalim.

We can't wait to share Day 3, 4 and Day 5 of our Israel journey in next week's newsletter.

The tour of Eretz Yisroel is produced and directed by our dedicated and passionate Jewish Studies Co-ordinator Morah Shoshana Groner. She has put in many, many hours into making this experience so positive for every child. Morah Shoshana has planned each day so as to maximise the children's enjoyment and learning outcomes and we thank her for her endless time and effort.



↑ Adam Lachyani buys olives from the Shuk



↑ Ariella Szentel buys goods from Shopkeeper Didi



↑ Captain Huda Grosberg



↑ Captain Moshe Lipskier



↑ Dahlia Kessly, Ora Garfield, Libby Felman and Mussia Super



↑ Dovi Friedman



↑ Eager shopper Dina Searle



↑ El Al Flight - GELC613 off to Eretz Yisrael



↑ Eli Mishulovin is ready for take-off surrounded by his friends



↑ Zevi Adelst putting his mitzvah note on the Kosel



↑ Flight attendant Morah Michelle gives out snacks



↑ Huda Glasman, Levi Goldberg and Daniel Schneier-Yerushalayim craft



↑ Reuven Cyrulnik, Shmuel Yosef Green, Dani Moss, Chaim Vogel and Ori Twig - bags packed and tickets ready to go to Eretz Yisroel



↑ Israel Week



↑ Machane Yehuda



↑ Shopkeeper Morah Rivka assists Kinder 6 boys with their purchases



↑ Sleepy passengers Neshama Tayar and Mussia Super



↑ Sonny Solewicz is ready for his trip with suitcase, passport and ticket in hand



↑ Very excited passengers Leora Klein and Ahava Schachter

Tu B'Av

Tu B'Av is one of the most joyous days in the Jewish calendar. Many important things occurred on this day. We learned how the girls would dance in the vineyards all wearing white dresses. Many girls found their "chattanim" (grooms) on this day! The children in the Gurewicz Early Centre all came together and danced on the playground to celebrate this happy day.



↑ Kinder 2 girls dressed up for Tu B'Av



↑ Kinder 3 Brides

Learning the Letter Nun in Kinder 4

Kinder 4 girls are learning the letter "נ - Nun". Morah Mandy asked each girl to take off one na'al (shoe). They then used their na'alayim to make the letter נ - nun, the first sound in that word. Afterwards most of the girls managed to put on their own shoes. Now Kinder 4 girls will all remember "נ - nun for na'alayim".



↑ Chana Lider, Dani Hurvitz, Chaya Silcove and Shaina Kantor



↑ Emma New, Dassi Phillips, Dalya Feiglin and Menucha Nakkar

The Mitzvah of Mezuzah

In last week's Parsha we learned about the Mitzvah of Mezuzah and extended it to all of safrut.

Devorah Tugendhaft's Opa, Ashleigh Tugendhaft, came to Kinder 1 to show the girls a real Megillah and mini Sefer Torah. He leined (read) from the mini Torah using the beautiful trop (tune) that is sung in shule. Every girl had a turn to point along to the letters using a silver yad (hand).



↑ Ashleigh and Devorah Tugendhaft



↑ Ashleigh Tugendhaft leins from the mini Torah as Leora and Benji Klein look on

Mitzvah Menchie

Each week one boy in Kinder 7 gets to take home Mitzvah Menchie. This week was Chaim Luntz's turn. Chaim and Menchie got to do Mitzvos together over the weekend and recorded this by taking pictures to share with his Morot and friends. Mitzvah Menchie is a great way to merge home and kinder life together.



↑ Each week one member of Kinder 7 gets to take home Mitzvah Menchie.



↑ Chaim Luntz



↑ Mitvah Menchie - Chaim Luntz

Sofer Visit

Last week the children of the Gurewicz Early Learning Centre learnt about a special Mitzvah from the Parsha – Mezuzah. Rabbi Eli Gutnick, a Sofer, who is highly skilled in the art of writing by hand, letter by letter in holy documents, came to Kinder to show the children a kosher Mezuzah, Tefillin and a Megillah. Rabbi Gutnick also brought with him a special pen – a ‘quill’ and kosher, berry ink he uses to write with. The children were excited to meet his special friends – the duck from which Rabbi Gutnick gets his feather/ quill, and the Parah – cow whose skin is used to make parchment.



↑ Bluma Serebryanski, Amelie Joffe and Rivka Ajzenszmidt with their feather collage



↑ The children enjoyed having the Sofer come and visit - Rabbi Eli Gutnick visit



↑ Rabbi Loebenstein shows the boys a real quill and ink that Levi's great grandfather once used as a Sofer



↑ Kinder 2 girls made their own Mezuzah and practised writing the Hebrew letters just like a Sofer. Mussia Super, Mimi Lowinger and Ella Arber



↑ Amber Glenville writing Hebrew letters with a quill



↑ Racheli Geron, Livia Levin and Ella Tamir with their Mezuzot

Fruits that are High in Vitamin C

As we continue our theme of “winter” throughout our centre, Sherelle Burger’s mother, Stella, came in to Kinder 1 and brought oranges and her homegrown grapefruits. These fruits are high in vitamin C, which keeps the colds and flu away during the winter months. The girls ate some grapefruit and some found it to be very sour! Each girl had the opportunity to squeeze some oranges and grapefruit to make juice that was enjoyed by all.



↑ Leora Klein, Alin Tuati and Chana Rochel Rahmani all take turns in squeezing oranges to make juice



↑ Ahava Schachter finds the grapefruit juice very sour



↑ Raziya Slonim



↑ Stella and Sherelle Burger

Proud Big Sister

Some of the girls in Kinder 11 have become big sisters to baby brothers. The girls were excited to share in their simcha with their friends. Thank you to Mika Belfer’s, mum Chanie for bringing in baby Yosef Yitzchok in for his bath. Proud Booba, Morah Barbara also joined in the fun.



↑ Mika, Yosef Yitzchok and Chani Belfer



↑ Morah Barbara, Yosef Yitzchok and Mika Belfer

Mazal Tov



↑ Mendy Cooper celebrated his 5th birthday in Kinder 7 with his family and friends

Mercedes Dadon Crèche

The children continued learning about Israel this week. They each had a chance to write a special note to Hashem, which they are going to stick in the Kosel they have made.

The children also started learning about road safety. The children enjoyed learning about the traffic lights and what the different colours represent. They then collaborated to make one big stop sign. The children loved choosing different red resources for the background, learning what the sign meant and how many sides it has.



↑ Leibl Schachter wrote a special note to Hashem to stick on the Kosel



↑ Nechama Goldman helping to make a big red stop sign



↑ Nosson Werdiger brings his skateboard to creche to show his friends his mode of transport

Snow in Kinder 5

While not all regions in Australia get to experience snow, and we might have to visit the mountains to see and enjoy it, it is still fun to learn about the coldest season of the year. Kinder 5 set up a sensory area for the children on the floor. They had foam bits scattered all over the carpet and the girls enjoyed using their shovels and buckets to clean up. They made snow out of flour and baby oil and snowmen out of white playdough.



↑ Ariella Khudoznyk and Yehudis Hilel help make a snowman



↑ Avigail Malka with the snowman that Kinder 5 helped to make



↑ Playing with snow made from flour and baby oil



↑ Snow play in Kinder 5

Opposite Week in Kinder 10

Understanding language is important in order for a child to communicate successfully with others. In order for a child to use words and concepts in their vocabulary, they first need to understand them. Understanding the concept of opposites is important as it helps a child learn how to compare two different things and to develop a more concrete understanding of a specific concept. Learning opposites also improves a child's ability to describe things.

Last week the Kinder 10 boys experienced opposite week. They discussed the concept in detail and played games. Some of the fun opposite activities they did was to eat dinner at Kinder (eating dessert first), they did their activities on the floor and had a picnic for snack and lunch.



↑ Sholom Edelman, Chaim Pinson, Shmuel Odze, Shneur Adelst, Yonatan Aron, Ravid Bar Gad, Shraga Devries, Levi Loebenstein and Yitzchok Greenbaum



↑ Yotam Azriel, Amichai Langer and Eli Sziewicz



↑ Sholom Chaikin using the playdough to add more people to daven at the Kosel

Important Behavioural Procedure Changes

Dear Parents,

An important value of Yeshivah Primary is that all students have the right to learn in a safe and comfortable environment. Our 3 core values include 'I am safe', 'I am a learner' and 'I am respectful'. We would like to improve the tone of the school regarding behaviour and we have implemented a slightly modified behaviour system. We have discussed and created the plan as a whole staff, workshopped the plan with students and would like to let all parents know about this important initiative.

From this week, we will continue to encourage students to make sensible choices with their behaviour. If a student behaves inappropriately he will receive two warnings followed by the teacher sending a yellow card if the behaviour continues. The teacher will let the parent know if a yellow card is sent for their child. If there is a need to send a second yellow card, the Head of School will contact the parent. Should a third yellow card be necessary within a four week period, the student will be suspended from school with work to be done at home. Parents will be asked to come in for a meeting.

If a student behaves defiantly towards a teacher or physically hurts another child, the warning system will be by-passed and a yellow card will be sent.

Should the student receive a 4th or subsequent yellow card within the 4 week period, subsequent suspension days will be implemented.

Students' individual needs will be taken into consideration and discretion will be used by staff regarding the warnings and yellow cards.

We thank you immensely for your support with this system and look forward to working with all students and parents to ensure a great teaching and learning environment at Yeshivah Primary.

Yeshivah Primary

Year 4 Bridging

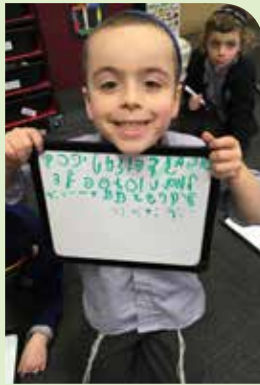
This term in Year 4 our integrated topic is bridges/structures. On Thursday the 26th of July Year 4 VJW had a building competition. We were given paper, sticky tape and masking tape. In 30 minutes, we had to produce a tower with our integrated groups. The winning teams tower was 178 centimetres tall. Overall, it was very fun. By: Eitan Gold and Yossi Nathanson.



FKL Learning

Boys in FKL have been consolidating their Hebrew reading and writing skills and Boruch Hashem have made beautiful progress.

The boys have been very excited about creating new things out of a variety of materials during our "maker space" sessions. They work in small groups and collaboratively create a piece that they then share with the rest of the class.



Torah Trivia

1. (Parsha) Why is the parsha called Eikev (Heel)?
2. (Hayom Yom) what should a Chossid do when he meets a Business acquaintance in the market?
3. (Halacha) what should one not do before washing out his mouth?
4. Bonus: who was the Ralbag and what sefer did he write?

Answers

1: to show even if you think a mitzva is unimportant and tread on it with you heel, you don't know how important it is.

2: Invite him to a farbrengen or shiur

3: Say brochos (and because of that no torah or tefillah either)

Last Terms bonus: (question was "what did rabbi eliyahu baal shem make, where did he live and what special descendant did he have?") A golom, in chelm and the chacham Tzvi.

Student Support

At Yeshivah Primary we are constantly monitoring the progress of our students in order to offer them the best assistance required to help them succeed in their studies. This is especially the case with their skills in Hebrew reading.

To achieve this goal, the school has recently arranged a week long seminar with a former teacher at our school, Mr Heidingsfeld to train our Jewish Studies teachers in Foundation to Year 2 and all Hebrew reading support staff. Mr Heidingsfeld has developed a very successful reading program called

Kinesthetic Kriah for children who find it difficult to master reading in the traditional methods. This program bypasses the child's reading and auditory discrimination issues by having the child feel and see how each sound is produced.

The staff actively participated in a full day of the theory and then spent hours watching and teaching various lessons being modeled and implemented with our students.

The staff were very excited with the immediate results and the children's enthusiasm, and they are eager to continue using this method for students who are finding reading difficult.



A Half an Hour a Day

By Eli Pink

The Shema is probably the most famous part of our daily prayers. The prayer consists of three paragraphs: the first two paragraphs are from Deuteronomy, the first from the sixth chapter and the second from the eleventh chapter. (The third paragraph, that talks about the Mitzvah of tzitzis and the Exodus from Egypt, is from the fifteenth chapter of Numbers).

Shema is a fundamental prayer – the only part of the daily prayers, in fact, whose recitation is biblically mandatory – because it contains many fundamentals of our religion, such as belief in G d's unity and the precepts of love and awe for G d. A number of the more well-known mitzvos such as tefillin and mezuzah are also mentioned, as is the commandment to study Torah and teach it to our children. In fact these mitzvos are so important that they are mentioned in both the first and second paragraphs of the Shema. However there is a seemingly superficial difference.

"It is an unequivocal duty on every individual to set aside a half-hour each day to think about their children's education..."

In the first paragraph we are told: "teach [words of Torah] to

your children" and then we are told: "bind them... upon your arm"; while in the second paragraph we are instructed: "bind them... upon your arm" and only then are we told: "teach them to your children." What is the significance behind this change in wording?

The mitzvah of educating our children in the ways of the Torah begins as soon as they are born, well before they are obligated to put on tefillin. The command to offer our First Fruits to G d, the mitzvah of the bikkurim, is allegorically taken to refer to ensuring that during the early years of childhood a youngster devotes his "First Fruit" to G d—through receiving a thorough Torah education.

However the Torah does not stop there. While the first paragraph of Shema puts the education before the tefillin, the second paragraph mentions education after tefillin. The moral? Even after children reach maturity, even after their Bar/Bat Mitzvah, it is still the parents' responsibility to teach them Torah.

Rabbi Sholom DovBer of Lubavitch once said: "Just as it is incumbent on every Jew to put on tefillin every day, so too it is an unequivocal duty on every individual, from the greatest scholar to the most simple of folk, to set aside a half-hour each day in which to think about the education of their children".

Cheder Excursion

At the end of Term 2, students of the Sunday Cheder class went with their teachers on an end of term trip to LaserTag in Thomastown. The boys enjoyed exclusive use of the indoor facilities and enjoyed the activities immensely. Thank you to Rabbi Blesofsky for organizing this excursion.



School Assembly

Students were welcomed to the School Assembly held in honour of Tu B'Av the 15th of Av.

After singing the School Song Ani Ma'amin, students gave their attention to Yochanan Groner, who delivered a short Dvar Torah on the Gemarah of Perek R' Eliezer D'Miloh that his class finished learning last term.

The events of Tu B'Av based on the Gemarah in Ta'anis, were then explained.

The six happy events that occurred on this day were:

1. Until this date for a long period of time, the tribes were not permitted to intermarry, as a result of the daughters of Tzelofchod. On this day the prohibition was removed.
2. As a result of a terrible aveiroh committed by Shevet Binyomin they were excluded from marrying into the community. On this day the decree was revoked.
3. It was obvious that the decree of the Jews dying in the desert had ceased because of the full moon which indicated that Tisha B'Av had passed.
4. The guards who prevented access to Yerushalayim were removed.
5. The Jews who were killed during the Bar Kochva revolt in Beitar were allowed to be buried on this day.
6. The Jews finished cutting wood for the Mizbeach as the sun got weaker – their happiness was that they had completed a part of serving in the Bais Hamikdosh.

Torah Treasures

Answer for פרשת ואתחנן

The פסוק that contains all the letters of the א-ב-ג-ד, פסוק ל"ד. פרק ד, פסוק ל"ד. (בעל הטורים)

פרשת עקב Question for

In this פרשה, which two "quick actions" are mentioned in the same פסוק?



Mesivtah Guest Speaker

Last Motzei Shabbos Mesivtah was honoured to have guest speaker Rabbi Yaacov Glasman speak on the topic of Public Speaking. He strongly encouraged the boys not to be intimidated by the thought of public speaking, giving an example of one of the world's greatest orators, Winston Churchill's initial reluctance to speak in Parliament.

Rabbi Glasman covered the ten rules of Public Speaking:

1. Know your audience, remembering that the same speech can be successful with one audience, but have no impact on another. Tailor your speech accordingly.
2. Let your audience get to know you. Speak about yourself – this makes you human.
3. Market your product: TORAH. You need to be passionate.
4. Timing is important. In a good speech the message is clearly and concisely delivered. Don't belabour the point.
5. Keep your speech interesting. Every few minutes, throw in an interesting fact or story to keep your audience engaged.
6. Use visual aids - PowerPoints – but don't feel obligated to do so.
7. Comb through the speech as a listener, critique your speech, and correct it yourself rather than having the audience correct you.
8. Rehearse the speech. The better rehearsed you are, the more attention you can give on delivery.
9. Delivery is crucial to delivering your message - body language (use your hands), eye contact with every person, voice projection (talk loudly enough that people can hear at the back of the room), stay focused (don't get distracted, don't fiddle or you will seem disinterested), try not to "um" and "ah" during a speech. Never be offended if someone falls asleep during your speech - they may have other reasons for falling asleep.
10. Feedback - be open to feedback, whether it is positive or critical.



We thank Rabbi Glassman for giving so generously of his time to come and speak to the boys.

Shluchim Corner

One and a half weeks left - 11 days to be precise....but who's counting? Things are rumbling and tumbling and you can't even feel that the end is near.

Seder Sichos is packed, as usual. The Brownies made by the Shluchim taste incredible, as usual. Tanya shiur is growing by the day....and so is the line of members at the Shluchim office with their platinum/emerald cards waiting for a healthy dose of ice cream. "Class Mitzvas" are flying left right and centre. Last week, those in Year 9 who

took part in the Mitzva were rewarded with an incredibly fun and inspiring Shabbaton to Phillip Island. This week is Year 10's turn. Year 8 enjoyed a Sunday afternoon BBQ as a 'reward pit-stop' for their Mitzva. In short, things have been busy.

But that doesn't mean that we don't have any time. "Chap Arain" as the Yiddish saying goes. It's not too late to set up a shiur! Go up to your local Shliach and just ask ... I guarantee he'll say yes.

Which brings us to one final thought. This week is Shabbos Mevorchim Elul. It is this Shabbos that we begin gearing up for the spiritual odyssey of the next two

months. It starts in Elul, a month that we describe by saying "The King is in the field"; a month that Hashem is out and ready to accept our efforts to come closer to Him. But we need to take the first step. The first step is getting a sense that we can and must do Teshuvah. It's a sense that it's not too late to change our ways, and that we can 'go back home'. We have to work on that sense if we want to ride on the waves of Tishrei. So grab a Tehillim, say some Kapitulach, and breathe in the winds of Elul. The train is coming.

Good Shabbos,

Rafi, Moshe and Mendy



Posting Letters

The Year Twos walked to the post box and posted the letters that they wrote to their grandparents.



Tu B'Av

Beth Rivkah Primary celebrated Tu B'Av in style last Friday.

Lielle Pitt, Miriam Cohen and Yasmin Katz led Foundation students in a dance that was taught to the students.

Year 6 leaders taught the entire school a dance and all teachers and students broke into groups for joyful dancing.

Thanks to Morot Deren, Wolf and Rapke for their help.



Parsha Learning

All classes discussed the special wonderful qualities of Eretz Yisrael during Parshat Ekev classes this week.

Thank You

We would like to take the opportunity to thank you, all the amazing teachers and gorgeous girls of Beth Rivkah for having us during the past two years. We will always cherish your warm welcoming and generous hospitality and we hope to see you all in Eretz Israel very soon.

Love,
Hodaya and Be'eri Dior, Gefen and Ruth Azriel and Rimon, Adva and Yali Shaul

We thank the Azriels, Diors and Shauls for donating to the Rosh Chodesh Elul treats in honour of their farewell.



Protective Behaviours

Dear Parents,

At Beth Rivkah we take the issue of Child Protection very seriously. We believe that keeping our kids safe relies on a joint effort between parents, the wider community, School, and educating our precious children.

This term we will be running three Protective Behaviour sessions at each year level from Foundation through to Year 6. The main ideas covered in an age appropriate manner are as follows:

- *'My body is my body and it belongs to me'*
- *'I have a safety network'*
- *'Early warning signs'*
- *'Types of secrets'*
- *'Private Parts'*

To enhance the effectiveness of this program you can:

Have regular conversations at home where you reinforce the ideas covered above as well as the following three main themes:

- > 'You can trust your feelings'
- > 'Nothing is so awful that we can't talk about it with someone'
- > 'You have the right to feel safe all of the time'

Furthermore, it is important to ensure your children (from early childhood) know the correct anatomical names for all their body parts, including those covered by a bathing suit, as research shows that this is a further protective factor in keeping children safe. In keeping with best practice, the use of correct anatomical names is included within our Protective Behaviours program.

If you would like any more information please contact me on 9522 8227 or adina.welsh@ybr.vic.edu.au

Kind regards,

Adina Welsh - Student Well-being Coordinator

Foundation First 100 Days

We celebrated our 100th day at School on July 25th!



Professional Development for BRP & BRS Staff

Beth Rivkah Primary and Secondary School teachers attended a Professional Development evening delivered by Greg Mitchell. Greg has been an educational consultant for over 30 years and is enlightening and entertaining. He upskilled our staff with practical and engaging strategies to use across all year levels. Every teacher was able to walk away with at least 5 proactive strategies to engage our students and enhance our teaching. This professional cross campus development also gave our busy staff the time to connect with each other and share ideas and learning experiences. Evening treats were provided to all staff by Mrs Jaclyn Bates and her team of VET hospitality students. We thank them for the delicious treats.

Classroom Supermarket

Year 2's set up a classroom supermarket, bringing in tinned foods, to help them understand the value of money and the cost of basic food items



Beth Rivkah Primary

*Continuing to remember
the children of the past*

התחייה העצמות האלה

The Primary students of Beth Rivkah Ladies College have completed a re-creation of the Holocaust memorial wall - originally designed by Helen Gelber, dedicated to all the precious children whose lives ended during the Holocaust. The new mural has been designed by Merryl from Merryl's Mosaics. The mural is a combination of mosaic and glass work created by Years 3 - 6 Beth Rivkah Primary students together with Merryl's Mosaics.

About the Mural

The wall depicts a mosaic of a tree with fallen leaves. Each leaf is inscribed with the name and age of a child who perished during the Holocaust. The initial dark colours of the tree symbolising winter and despair then brighten to symbolise spring and hope.

This has been a very special project for our students who have gained in so many ways from participating. The mural is a meaningful and poignant reminder of our tragic history and a message of hope for the future.

We invite you to be part of this deeply symbolic and meaningful project by sponsoring a leaf in honour of the memory of a child who perished in the Holocaust.

Sponsorship Opportunities

Bronze	\$36
Silver	\$180
Gold	\$360
Platinum	\$720
Other Amount	\$ _____

To sponsor please go to the following link:

<https://council-for-jewish-education.giveeasy.org/childrens-holocaust-memorial-mosaic>

All donations made online or any Gold or Platinum donations will be tax deductible.

Our Holocaust Memorial Wall unveiling will take place on **Thursday 9th August, 2018** at **3:15pm** in the Beth Rivkah Primary playground.

For more information, please contact brp@ybrvic.edu.au

To RSVP please go to <https://holocaustmemorialwall.eventbrite.com.au>

ת"ס

VCE 2019 Information Evening

Mr Daniel Lowinger, VCE Coordinator

Last week on Wednesday evening, the Solowiejczyk hall was buzzing with excitement and opportunity as the year 10 students investigated their VCE subject options. VCE teachers and senior students were on hand to discuss their subjects, providing information and resources. The subject selection evening is part of the ongoing study planning and careers services provided at BRS to students from year 9 to beyond year 12.



Pnimi Reflection

Anonymous Year 8 Student

Since I have started Pnimi, I have really changed and started doing things that I would not have tried. I have taken on were Negel Vaaser, Modeh ani, Chitas, tzedaka before davening, Mentchlichkeit, Sichs, bentching, rebbe video, and brochos in the morning. Pnimi has impacted me and my family. I say chitas and read it to my sister and when I put neggel vasser by my bed, my siblings remember etc. When Pnimi was announced, I thought it would be a great opportunity to improve myself and make the good habits. I now do almost everything on the checklist and have come very far. When I saw the number of points I got after Session 1 (over my goal) I knew Pnimi had made me a better person. Pnimi is amazing!

Year 7 Ivrit

Mrs Miri Kinderman, Head of Hebrew

Beth Rivkah students love consolidating their Hebrew grammar skills by playing games, listening to comprehensions and completing tasks on the online version of their Bishvil Halvrit books.



Israel Studies

Mrs Beruria Tenenbaum, Head of Secondary School

To wrap up their study of the Israeli political system, Year 11 & 12 Israel Studies students enjoyed a game of Monopoly, racing around the giant board by answering questions about contemporary Israeli politics, issues and policies.



Rabbi Kaufman visits Beth Rivkah

Mrs Chaya Sara Roth, Year 8 Convenor

Year 7 and 8 were privileged to hear Rabbi Kaufman, representative from Yad Eliezer in Israel, talk to them about the many different services this organization provides for the numerous needy families in Israel and the need for the continuous support from Beth Rivkah. He thanked the Year 8's for their generous fundraising donation of over \$2100 which they collected earlier this year, Purim time. Year 7's had the opportunity to hear all about the organization and the reason why the donations are so important. They look forward to continuing Beth Rivkah's support and anticipate to fundraise next year.



Tzedakah Captains

Tu B'Av – White Night - The White night event in honour of Tu B'Av on Sunday evening initiated to raise money for the Melbourne Hachnasat Kallah Fund was a huge success! Students enjoyed delicious felafel and dessert made by the talented VET kitchen students while they danced the night away in white clothes and adorned with glow sticks. A huge thank you to our alumni Rivkah Joseph and Miriam Kornhauser for the gorgeous face paint designs that the girls loved and to Rivkah for making the kumzitz so uplifting with her exhilarating performance. We are pleased to announce that the funds from the White Night amounted to \$455, and we thank all the students for their donations! This money will go towards supporting families in our community with wedding expenses.

Sharee Zedek Fundrasier - Following up from the BR Shaare Zedek fundraiser, we are excited to share that the amount we raised was tripled for the organisation's fundraiser on Sunday, adding up to an incredible \$11,044.



Horrible Histories Launch

Mrs Alaina Kennedy, Head of Humanities

Students found themselves highly entertained last Friday at school assembly when the Humanities Faculty launched the Horrible Histories Skits. The plot involved a frantic mother desperate to save her daughter three days out from her Bat Mitzvah as she suffered from a medical emergency. Rambam and doctors from Ancient Egypt, Elizabethan period, and the futuristic 22nd Century period took their turn in diagnosing and recommending their time tested remedies as a possible solution. It was laugh out loud funny, entertaining and ultimately memorable. Years 7-9 students will work together in groups and create their own short, factually based anecdotes. They will draft their own script, cast roles, rehearse, shoot and edit their own skit. All skits will be assessed by their History teachers and prizes awarded to the best ones. The Humanities teachers look forward to students unleashing their creative power in their study and understanding of history.



The Great Chop

The Great Chop Team are holding weekly mega meetings to facilitate the awesome event coming up on 5 September. All students are invited to BRS this Sunday for the Telethon to raise funds for Zichron Menachem.



Pnimi Assembly

Mrs Mushka Krasnjanski, Pnimi Coordinator

Mazal tov to all of our members who completed Pnimi Session 2 and to Gaby Golder of Year 7 for winning the Macbook.



Trekky Brekky

Mrs Yamit Glasman, Head of Student Well-Being

The annual Trekky Brekky began with a brisk walk in the cool morning air at 7.15 am last Tuesday. There is definitely something to be said for waking up early and getting the heart rate up. There is also something to be said for eating a hearty breakfast, which was amply provided by our wonderful VET Kitchen students. Thank you to the Health and Wellbeing Captains for arranging and Mrs Bates for the delicious catering.



Beth Rivkah Primary Holocaust Memorial Wall

Continuing to remember the children of the past.

The Primary students of Beth Rivkah Ladies College have completed a recreation of the Holocaust Memorial Wall - originally designed by Helen Gelber and dedicated to all the precious children whose lives tragically ended during the Holocaust. The new mural has been designed by Merryll from Merryll's Mosaics, and is a combination of mosaic and glass work created by Years 3 - 6 Beth Rivkah Primary students together with Merryll's Mosaics.

About the Mural

The wall depicts a mosaic of a tree with fallen leaves. Each leaf is inscribed with the name and age of a child who perished during the Holocaust. The initial dark colours of the tree symbolise winter and despair then brighten to symbolise spring and hope.

This has been a very special project for our students who have gained so much from participating. The mural is a meaningful and poignant reminder of our tragic history and a message of hope for the future.

We invite you to be part of this deeply symbolic and meaningful project by sponsoring a leaf in honour of the memory of a child who perished in the Holocaust.

Sponsorship Opportunities

Bronze \$36, Silver \$180, Gold \$360, Platinum \$720, Other Amount \$_____

To sponsor please go to the following link: <https://council-for-jewish-education.giveeasy.org/childrens-holocaust-memorial-mosaic>

All donations made online or any Gold or Platinum donations will be tax deductible.

Our Holocaust Memorial Wall unveiling will take place on Thursday 9th August, 2018 at 3:15pm in the Beth Rivkah Primary playground.

For more information, please contact dl.gold@ybr.vic.edu.au

To RSVP go to - <https://holocaustmemorialwall.eventbrite.com.au>

The Great Chop

The Great Chop is fast approaching! Students, parents and alumni please go to this link to sign up - <https://thegreatchop.wixsite.com/greatchop>

To donate to the worthy cause of Zichron Menachem, visit our chuffed page - <https://chuffed.org/project/48151>

We are excited to announce that sponsorship opportunities are available, please contact: thegreatchop@bethrivkah.vic.edu.au (we are seeking event entertainment and other sponsorship opportunities, sponsors of the event will have their logos in a brochure).

Many thanks to our sponsors thus far: Verlane Estate Pty LTD, Big W, Hairhouse Warehouse, Taboon restaurant and Kosher Kingdom.

We thank you for your support!



Yeshivah College Mishnayos B'al Peh משניות בעל פה



The Principal, Rabbi Smukler, staff and students take pleasure in inviting you to the

Annual Mishnayos B'al Peh Dinner

יום ראשון, ח' אלול תשע"ח
Sunday 19th August, 2018

6.45pm for a 7.00pm start

Werdiger Family Hall, 90 Hotham St, East St Kilda

To make a booking please go to:
<https://www.trybooking.com/XCSF>

Generously sponsored by:

Josh & Robyn Goldhirsch
Eliezer & Luba Kornhauser
Classmates of Nathan Dziencial OBM.

Family sponsorship in memory of:

ר' מנחם מענדל בן ר' אברהם ע"ה Click
ר' אביש מאיר בן ר' צבי הלוי ע"ה Graj
ר' שלמה בן ר' יוסף ע"ה Susskind

For more information about this inspiring program
please contact Rabbi Gordon 9522.8222
or email yp@ybr.vic.edu.au



Yeshivah Beth Rivkah SCHOOL TIES Calling All Yeshivah and Beth Rivkah Alumni!

A friendly reminder to all YBR Alumni who haven't received a copy of the School Ties alumni magazine in the past 12 months to subscribe ASAP! Sign up now to ensure you receive our next issue – due out in early September – by emailing:
ybrschoolties@ybr.vic.edu

Mazal Tov

We would like to wish a very warm Mazal Tov to Chumi Franck and Benton Segal for winning the 2018 Caulfield Volunteer Award for the volunteer work that they have been doing over many years at Yeshivah – Beth Rivkah Colleges.

Chumi is being honoured for her volunteer work over many years in the Yeshivah – Beth Rivkah Uniform Shop, and Benton is being honoured for his volunteer work with the Yeshivah – Beth

Rivkah Parent Security Group.

David Southwick, Member for Caulfield, presented awards to Chumi and Benton at the Yeshivah – Beth Rivkah Schools Limited AGM on Sunday evening, 29th July.

We take this opportunity to not only thank Chumi and Benton, but the many volunteers in the uniform shop, PSG and other parts of the school.

Good Shabbos

Yeshivah - Beth Rivkah Colleges



Bentleigh Transport Service Expressions of Interest

We are very pleased to report that the Bentleigh transport service resumed for students in term one for afternoon pick up and drop off. We are gathering expressions of interest for a School Bus to pick up students in Bentleigh before School and drop off students after School. Please note we have very limited spots available for the afternoon service.

What have our parents be saying about the Bentleigh Bus: "The Bentleigh Bus is a life saver!" – Anonymous
If you live in the Bentleigh or Moorabbin area and would be interested in this service, please contact Michelle Blutman - Michelle.Blutman@ybr.vic.edu.au.



Yeshivah - Beth Rivkah Pre-Schools
invites you to a special evening

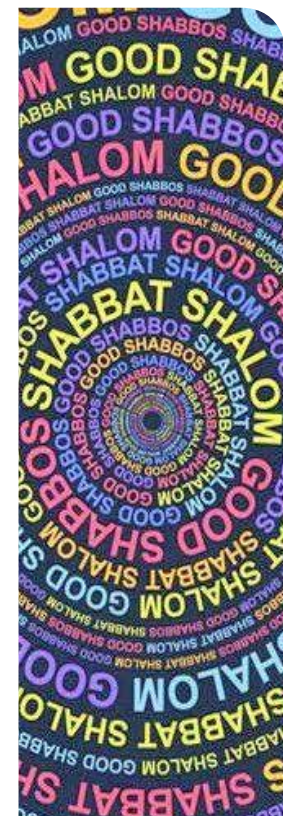
"..... תמיד עיני ה' אליך בה - 'The eyes of Hashem your G-d are always on it' (פיוט עקב (דברים י"א"ב))"

Eretz Yisrael:
Through Our Children's Eyes

Monday August 20th, 2018
ט' אלול תשע"ח
7:45pm - 9:30pm
Goldhirsch Hall - 1 A'Beckett St, East St. Kilda
(Enter via A'Beckett Street)

- Video and Slide Show of your children's "Israel Week Experience"
 - Entertainment
 - Supper - Israel style
 - Inspirational Speaker
 - Raffle/Auction

R.S.V.P. by no later than Monday, 13th August 2018 to your child's kinder teacher



The Last Word

By Rabbi Yehoshua Smukler,
Principal Yeshivah - Beth
Rivkah Colleges

RESILIENCE PART III

Over the past couple of weeks we have been exploring practical resiliency increasing practices through the eye of both Torah and modern research. We have covered eight different practices so far, covering spiritual, physical and emotional bolstering of ourselves and our children. This week we will explore two more practices, leaving a few final practices to complete the series next week.

Resilience Practice 9: עשה לך רב וקנה לך חבר (Pirkei Avos) - Appoint a teacher/guardian angel/mashpia for yourself and choose and invest in good friendships.

9A: עשה לך רב:

We all know that when it comes to Yiddishkeit there is only a limited amount of growth we can accomplish on our own. You need a חיה - a living example of a higher standard of commitment to Torah and Mitzvos in your life that you can look up to. A teacher who can guide and stretch your level of learning, Yiras Shamayim and commitment. We also need to look out for ourselves physically, emotionally and spiritually. Often when we are in a subjective, difficult situation, testing our resilience, we need a person outside of ourselves who we can rely on to act almost as our 'guardian angel'. It is sometimes difficult to lift ourselves above the daily mundane challenges and see the forest through the trees, and what is truly best for us. A true 'Rav' won't only wait for you to contact them, and won't only be there when you

think you need them, but will also look out for you and identify when they believe you are looking stressed, weary or overwhelmed, and help protect/guide you by challenging some of the decisions you are making. A true Rav has achieved such a level of trust between you and them that you won't be offended when they offer you critical feedback, even when in today's world, the art of accepting criticism and feedback is something that most people find challenging.

9B: וקנה לך חבר

It is well known that, based on significant psychological and social research, the acquisition of proper and appropriate social skills is a powerful protective factor against risky habits such as substance abuse etc. This means actually being a good friend to somebody and them, in turn, reciprocating that friendship. The very word 'קנה' implies that you need to put effort into 'acquiring' this friendship. A simple way of achieving this is considering yourself fortunate and lucky to have a good friend. Make eye contact with people, show true empathy and interest in what they are interested in, remember what they have told you and then consider it and come back to them on it, honour your commitments to them, and don't wait for them to reach out to you but you reach out to them by making the first move. All of this helps you live an interesting and engaged social life. Often it is also interesting to get to know people from different backgrounds, countries, disciplines and experiences to help you enrich your life, stretch your ideas and become a better rounded and more resilient person.

Resilient Practice 10: בשבילי נברא העולם - My Place in this World

The Mishna in Sanhedrin (Perek 4 Mishna 5) requires

us to say to ourselves 'בשבילי נברא העולם' - 'because of me the world was created'. Contrary to the simplistic understanding, and perhaps mistaken belief that this could lead a person to a narcissistic, self-indulgent, selfish kind of existence, this Mishna is actually a call to recognise the great responsibility and privilege of our own existence and life in this world. To recognise how we occupy a unique corner of creation, building unique and special relationships, and bringing a sense of אלוהות - G-dliness to this world by bettering our corner of creation in a manner that only we can. The entire world is created for me, and for the mission that I am required to fulfil in it. This thought drives us towards a sense of meaning, and to live a life of deeper purpose. We must make an effort to discover the treasures within ourselves, and to nourish and develop them. This is a lifelong process in and of itself, and requires time for self-reflection and learning to understand our abilities and push ourselves beyond. We need to explore and broaden our horizons, to take risks and push ourselves out of our comfort zone. All these actions will also add some excitement to our lives and stop us from living a boring mundane מצות - 'the life that we are always accustomed to', which can sometimes get a little dry. Often people miss out on great opportunities in life by prejudging the opportunity, or themselves, as not worth investigating, or I'll never be able to do it. Rather, just have a go!! Try it! You'll be surprised at what you can accomplish.

These two resiliency practices, focussing very much on fostered relationships with others and acceptance of our role in this world, complement the previous resilience practices discussed, focussing on mindfulness and self awareness, empowering

Upcoming Dates 2018

GELC

Thur 9 Aug Maternal Health Clinic - 0-3 Year Olds

Thur 16 Aug 2019 Orientation - Music and Story Time

Mon 20 Aug Parent Function - Erez Yisrael - Through Our Children's Eyes

Yeshivah Primary

Mon Aug 6 Foundation Readiness Evening

Tue 7 Aug Parent Teacher Evening

Thur 9 Aug Australian Mathematics Competition

Yeshivah Secondary

Wed 8 Aug Parent/Teacher Interviews

Thur 9 Aug Australian Mathematics Competition

Mon 13 Aug Year 7 2019 Orientation Day 1

Tue 14 Aug Year 7 2019 Orientation Day 2

Beth Rivkah Primary

Tue 14 Aug Parent teacher interviews (except for Years 6WH, 4LL, 5JG, FGT, 1KS Various dates - refer to app

Thur 9 Aug Holocaust Memorial wall unveiling 3:15pm

Beth Rivkah Secondary

Wed 15 Aug Year 7-12 Parent Teacher Interviews, 2.30-8.30pm

26 - 30 Aug Year 9 Canberra Trip

Mazal Tovs

Mazal Tov to Mr Naftoli and Mrs Pinni Biber & family on the Bar Mitzvah of their son, Shloime

Mazal Tov to Rabbi Zalman and Mrs Hennie Edelman & family on the birth of a grandson

Mazal Tov to Mr Arnold Jacobs & family and Mrs Debra Jacobs & family on the engagement of their daughter, Tzippy to Chaim Lieder

Mazal Tov to Mr Ariel and Mrs Miriam Segal & family on the birth of a baby girl

Mazal Tov to Rabbi Shabsi and Mrs Nechama Tayar & family on the Bat Mitzvah of their daughter, Chaya

oneself, and creating a deep sense of belonging.

We will conclude this series on Resilience with some final practices in the next edition.

Wishing you all a good Shabbos.