

PRAYER OF SAINT BENEDICT TO SEEK AND FIND GOD

Father, in Your goodness
grant me the intellect to comprehend You,
the perception to discern You,
and the reason to appreciate You.

In Your kindness
endow me with the diligence to look for You,
the wisdom, to discover You,
and the spirit to apprehend You.

In Your graciousness
bestow on me a heart to contemplate You,
ears to hear You,
eyes to see You,
and a tongue to speak of You.

In Your mercy to confer on me
a conversation pleasing to You,
the patience to wait for You,
and the perserverance to long for You.
Grant me a perfect end, Your holy presence. I ask this in the
name of Your Son, Our Lord Jesus Christ. Amen.