

Screening Tests for Women

	BLOOD PRESSURE TEST	BONE DENSITY TEST	MAMMOGRAM	PAP & HPV TEST	CHLAMYDIA TEST	CHOLESTEROL TEST
AGES 18-39	Get tested at least every 2 years if you have normal blood pressure (lower than 120/80). Get tested once a year if you have blood pressure between 120/80 and 139/89. Discuss treatment with your provider if you have blood pressure 140/90 or higher.			Get a Pap test every 3 years if you are 21 or older and have a cervix. If you are 30 or older, you can get a Pap and HPV test together every 5 years.	Get tested for chlamydia yearly through age 24 if you are sexually active or pregnant. Age 25 and older, get tested for chlamydia if you are at increased risk, pregnant or not pregnant.	Starting at age 20, get a cholesterol test regularly if you are at increased risk for heart disease. Ask your provider how often you need your cholesterol tested.
AGES 40-49	Get tested at least every 2 years if you have normal blood pressure (lower than 120/80). Get tested once a year if you have blood pressure between 120/80 and 139/89. Discuss treatment with your provider if you have blood pressure 140/90 or higher.		Discuss with your provider.	Get a Pap and HPV test together every 5 years if you have a cervix.	Get tested for chlamydia if you are sexually active and at increased risk, pregnant or not pregnant.	Get a cholesterol test regularly if you are at increased risk for heart disease. Ask your provider how often you need your cholesterol tested.
AGES 50-64	Get tested at least every 2 years if you have normal blood pressure (lower than 120/80). Get tested once a year if you have blood pressure between 120/80 and 139/89. Discuss treatment with your provider if you have blood pressure 140/90 or higher.	Discuss with your provider if you are at risk of osteoporosis.	Starting at age 50, get screened every 2 years.	Get a Pap and HPV test together every 5 years if you have a cervix.	Get tested for chlamydia if you are sexually active and at increased risk.	Get a cholesterol test regularly if you are at increased risk for heart disease. Ask your provider how often you need your cholesterol tested.
AGES 65+	Get tested at least every 2 years if you have normal blood pressure (lower than 120/80). Get tested once a year if you have blood pressure between 120/80 and 139/89. Discuss treatment with your provider if you have blood pressure 140/90 or higher.	Get this test at least once at age 65 or older. Talk to your provider about repeat testing.	Get screened every 2 years through age 74. Age 75 and older, ask your provider if you need to be screened.	Ask your provider if you need to get a Pap test.	Get tested for chlamydia if you are sexually active and at increased risk.	Get a cholesterol test regularly if you are at increased risk for heart disease. Ask your provider how often you need your cholesterol tested.

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	COLONOSCOPY	DIABETES SCREENING	GONORRHEA TEST	HIV TEST	SYPHILIS TEST	TRICHOMONIASIS TEST
AGES 18-39		Get screened for diabetes if your blood pressure is higher than 135/80 or if you take medicine for high blood pressure.	Get tested for gonorrhea if you are sexually active and at increased risk, pregnant or not pregnant.	Get tested for HIV at least once. Discuss your risk with your provider because you may need more frequent tests. All pregnant women need to be tested for HIV.	Get tested for syphilis if you are at increased risk or pregnant.	Get tested for trichomoniasis if you are at increased risk or pregnant.
AGES 40-49		Get screened for diabetes if your blood pressure is higher than 135/80 or if you take medicine for high blood pressure.	Get tested for gonorrhea if you are sexually active and at increased risk, pregnant or not pregnant.	Get tested for HIV at least once. Discuss your risk with your provider because you may need more frequent tests. All pregnant women need to be tested for HIV.	Get tested for syphilis if you are at increased risk or pregnant.	Get tested for trichomoniasis if you are at increased risk or pregnant.
AGES 50-64	Starting at age 50, get screened for colorectal cancer. Talk to your provider about which screening test is best for you and how often you need it.	Get screened for diabetes if your blood pressure is higher than 135/80 or if you take medicine for high blood pressure.	Get tested for gonorrhea if you are sexually active and at increased risk.	Get tested for HIV at least once. Discuss your risk with your provider because you may need more frequent tests.	Get tested for syphilis if you are at increased risk.	Get tested for trichomoniasis if you are at increased risk.
AGES 65+	Get screened for colorectal cancer through age 75. Talk to your provider about which screening test is best for you and how often you need it.	Get screened for diabetes if your blood pressure is higher than 135/80 or if you take medicine for high blood pressure.	Get tested for gonorrhea if you are sexually active and at increased risk.	Get tested for HIV at least once if you are age 65 and have never been tested. Get tested if you are at increased risk for HIV. Discuss your risk with your provider.	Get tested for syphilis if you are at increased risk.	Get tested for trichomoniasis if you are at increased risk.