

CD-SHOT Experimental guidelines

By Brilin.co.nz

To use with a body of water (referred to as the BODY)

STORE IN DARK (like a kitchen cupboard)

BEFORE YOU START:

1. Vit C and CD-Shot work against each other, therefore, best to avoid VIT C for at least 2-hours.
2. Do not eat oranges on the same day
3. Make sure the drops from each bottle are even e.g., 2-drops from one bottle means using two-drops from the other bottle. They must be even drops. If in doubt, start again. Do not use uneven drops.
4. Only mix drops in a dry glass or cup (non-metal), add drops before adding water.
5. Do not put your nose up to the glass and sniff.
6. Mix drops together, shaking the cup lightly for 30-seconds before adding water. (Add between half to full cup of water.)
7. After adding the water, pour in into the BODY.
8. Wash and dry hands immediately, especially if you get it on your skin.
9. Do not get into the eyes

TO BEGIN WITH:

- Make a **one-drop** mix, use once a day – do for 2 to 3-weeks
- After 2 to 3-weeks, feel free to increase to twice, or 3 times a day as time progresses, and depending on what you want to achieve, one can make every hour of the waking hour if they choose too, or some days, 4 times, other days once, other days 10 times.
- After a little longer, feel free to increase from one-drop to two-drops, then three-drops maybe depending on your application.

Regularity (hourly) may work better than irregular. Regular small doses may be more effective than irregular higher doses.

Everybody uses CD-SHOT differently, according to their own needs.

Whatever the situation, ideally, start with a one-drop mix, once per day for a few weeks. This helps the BODY get used to it.

Best to consult a Body of Water specialist before use. Above is for water treatment only

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