

# PRESCRIPTIVE FACIAL

A prescriptive range of products to create a facial experience perfectly tailored to your client's skin.

### Treatment Benefits

Calming & Perfecting ★ Balancing & Uplifting ★ Toning & Clarifying

### Beneficial Essential Oils used in the Prescriptive Facial

- ★ **Rose Essential Oil** should be used to help balance moisture levels in the skin. It works to reduce the appearance of imperfections and blemishes whilst promoting an even skin tone and a balanced complexion. Skin is sure to look radiant and refreshed.
- ★ **Bergamot Essential Oil** works to de-stress and soothe both the skin and senses with its calming aroma and it is frequently used in massage therapy due to its comforting properties. Bergamot clarifies the complexion to promote healthy, clear skin.
- ★ **Lemon Essential Oil** naturally cleanses and purifies the body and skin, supporting healthy respiratory functions and promoting a positive mood. Skin is toned, balanced and refreshed.

### Recommended Treatment Frequency

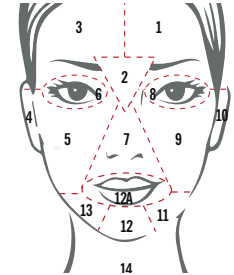
For optimal results, we recommend a course of six facials. Treatment intervals will depend on the skin concern being treated.

## Express Skincare Lesson

ALL SKIN TYPES

Duration 30 minutes

- 1 Mini Cleanse
- 2 Skin Analysis
- 3 Skin Diagnosis
- 4 Application Top Tips
- 5 Skincare Top Tips



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## PRESCRIPTIVE FACIAL

ALL SKIN TYPES

Duration 60 minutes

- 1** Skin Analysis.  
Double Cleanse.  
Double Tone.
- 2** Exfoliate using the **MONU Micro Exfoliant**.  
**MONU Compress Procedure**.  
**MONU Relax Facial Massage**.
- 3** Apply Ampoule to the face and neck.  
Mix 10ml of the **MONU Prescriptive Gel Mask** with four drops of the chosen Essential Oil.  
Apply **MONU Prescriptive Gel Mask** to the face and neck using a fan brush.
- 4** Leave mask on the skin for 10 minutes.  
Carry out our **MONU Relax Scalp Massage**.  
Remove mask using sponges or mitts.
- 5** Apply serum.  
Apply Eye and Lip Products.  
Moisturise the face and neck.



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