

Manipulation

Chiropractic manipulation is a very valuable tool in treating the musculoskeletal system. When the joints of the body are injured, either in the spine or upper and lower extremities, several things in regard to normal motion of the joint may occur. The joint may be damaged to the point where ligaments and joint capsules may be torn or over stretched resulting in hyper mobility (too much motion in the joint) or hypo mobility (lack of motion in the joint), from muscle spasms, scar tissue and adhesions. As chiropractic physicians, we assess the joints of the body for normal motion and attempt to correct and balance abnormalities in motion by means of chiropractic manipulation.



Intervertebral Disc Decompression

Decompression of the intervertebral discs is extremely useful in the treatment of disc bulges, disc protrusions, disc herniations, degenerative disc disease, facet syndromes, spinal osteoarthritis and mechanical back pain. At Ross Clinic, we utilize a specialized traction table known as the Cox Distraction Instrument. It has been scientifically proven by federally funded studies, conducted by National University of Health Sciences, Loyola University and Auburn University, to reduce pressure inside the intervertebral disc which results in reduction or elimination of symptoms. With the aid of the Cox Distraction Instrument, we are able to target specific areas in the cervical, thoracic and lumbar spine in attempt to restore normal function to the injured vertebral/disc complex

