

THE BLESSING

Through the invocation of the Immaculate Mother of God and ever Virgin Mary, and the intercession of Saints Benedict and Maurus, may the Power of God the Father, the Wisdom of God the Son, and the Strength of the Holy Spirit free you from your infirmities. Amen.

May God's holy will be done, and may it be done to you as you wish and pray, for the praise and honor of the most holy Cross of our Lord Jesus Christ.

(The priest or deacon then blesses the sick person with the relic of the Cross of the medal of Saint Benedict saying...) May the blessing Almighty God, of the Father and of the Son and of the Holy Spirit descend upon you and abide with you forever. R. Amen.

(The sick person then kisses the relic or the medal of Saint Benedict).

If necessary, you may repeat this blessing three times. You may also celebrate three Votive Masses in honor of the Passion, of Saint Maurus the Abbot, and for the Holy Souls in Purgatory. As an alternative, you may pray twenty decades of the Holy Rosary for the intentions of the sick person.