

# Prayers of perpetual adoration

## Angel's Prayer At Fatima

“Most Holy Trinity; Father, Son, and Holy Spirit -- I adore Thee profoundly. I offer Thee the most precious body, blood, soul and divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges, and indifferences whereby He is offended. And through the infinite merits of His Most Sacred Heart and the Immaculate Heart Of Mary, I beg of Thee the conversion of poor sinners.”

## Blessed Sacrament Chaplet

### BLESSED SACRAMENT BEADS

These consist of a medal of the Blessed Sacrament and thirty-three beads, recalling the thirty-three years of Christ's life on earth.

On the medal one makes a spiritual communion as follows:

As I cannot now receive Thee, my Jesus, in Holy Communion, come spiritually into my heart and make it Thine own forever

On each bead say:

Jesus in the Blessed Sacrament, have mercy on us!

(Source: “My Treasury of Chaplets” by Patricial S. Quintiliani)

## A Short Visit to the Blessed Sacrament Before Meditation

In the Name of the Father, and of the Son, and of the Holy Ghost. Amen.

I place myself in the presence of Him, in whose Incarnate Presence I am before. I place myself there.

I adore Thee, O my Saviour, present here as God and man, in soul and body, in true flesh and blood.

I acknowledge and confess that I kneel before that Sacred Humanity, which was conceived in Mary's womb and lay in Mary's bosom; which grew up to man's estate, and by the Sea of Galilee called the Twelve, wrought miracles, and spoke words of wisdom and peace; which in due season hung on the cross, lay in the tomb, rose from the dead, and now reigns in heaven.

I praise, and bless, and give myself wholly to Him, Who is the true Bread of my soul, and my everlasting joy.

(by John Henry Newman)

## Our Lady of Mt. Carmel - Morning Offering of Reparation

O Jesus, through the Immaculate Heart of Mary, (here kiss your Brown scapular) and in union with the Holy Sacrifice of the Mass being offered throughout the world, I offer You all my prayers, works, joys and sufferings of this day in reparation for the offenses committed against the Immaculate Heart of Mary, for my sins and the sins of the whole world.

## Chaplet of The Divine Mercy

Say it on the Rosary beads.

Sign of the Cross

1 Our Father

1 Hail Mary

1 Apostles' Creed

On large beads:

“Eternal Father we offer you the body and blood, soul and divinity, of your dearly beloved son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world.”

On the small beads:

V: “For the sake of His sorrowful passion”

R: “Have mercy on us and on the whole world”

End with (repeat three times):

“Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world”

(Source: St. Faustina was given this by our Lord. )

## Sanctity of Life

My God, we adore You here in the Blessed Sacrament.

As we kneel before You, we recognize You as the Creator of all Life. We thank You and praise You for the lives you have given to us and to those we love. Give us a true and lasting respect for all life, for we recognize it as coming from You. We pray for all who have suffered or died as a result of disrespect whether that suffering and death has come as a result of abuse, war, gossip, or abortion. We pray for an end for all disrespect of life. As we kneel before You we ask You to forgive all those who do not respect the sanctity of life. We repeat the words you spoke as you hung on the cross, ‘Father, forgive them, for they know not what they do.’

## Stay with us

“Stay with us today, and stay from now on, every day, according to the desire of my heart, which accepts the appeal of so many hearts from various parts, sometimes far away... Stay that we may meet You in prayers of adoration and thanksgiving, in prayers of expiation and petition to which all those who visit this basilica are invited...

May the unworthy successor of Peter and all those who take part in the adoration of Your Eucharistic Presence attest with every visit and make ring out again the truth contained in the Apostle’s words: ‘Lord, you know everything. You know that I love you.’ Amen”.

(Source: On December 2, 1981 Pope John Paul II inaugurated perpetual adoration in the Blessed Sacrament Chapel of St. Peter’s Basilica with a Mass.

At the end of the Mass following exposition of the Blessed Sacrament he prayed, in part: (see above) (L’Osservatore Romano, Dec. 14, 1981))

## Consecration to the Sacred Heart of Jesus

\* Adorable Heart of Jesus, the tenderest, the most amiable, the most generous of all hearts, penetrated within gratitude at the sight of Thy benefits, I come to consecrate myself wholly and unreservedly to Thee! I wish to devote all my energies to propagating Thy worship and winning, if possible, all hearts to Thee. Receive my heart this day, O Jesus!

Or rather take it, change it, purify it, to render it worthy of Thee; Make it humble, gentle, patient, faithful and generous like Thine, by inflaming it with the fire of Thy love. Hide it in Thy Divine Heart with all hearts that love Thee and are consecrated to Thee; never permit me to take my heart from Thee again. Let me rather die than grieve Thy Adorable Heart. Thou knowest O Heart of Jesus, that the desire of my heart is to love Thee always, to be wholly Thine in life and in death, in time and eternity. Most Sacred Heart of Jesus, have mercy on us. Sacred Heart of Jesus, I trust in Thee.

## Hail to Thee, True Body

(A Prayer to our Eucharistic Lord)

Hail to thee, true body born  
From Virgin Mary's womb!  
The same that on the cross was nailed  
And bore for man the bitter doom.  
Thou, whose side was pierced and flowed  
Both with water and with blood;  
Suffer us to taste of thee,  
In our life's last agony.  
O kind, O loving one!  
O sweet Jesus, Mary's Son!

## Consecration to the Immaculate Heart of Mary

\* I, (name), a faithless sinner, renew and ratify today in Thy hands, O Immaculate Mother, the vows of my baptism; I renounce Satan, his pomps and works; and I give myself entirely to Jesus Christ, the Incarnate Wisdom, to carry my cross after Him all the days of my life, and to be more faithful to Him than I have ever been before. In the presence of all the Heavenly court I choose thee this day for my Mother and Mistress. I deliver and consecrate to thee, as Thy slave, my body and soul, my goods, both interior and exterior, and even the value of all my good actions, past, present and future; leaving to thee the entire and full right of disposing of me, and all that belongs to me, without exception, according to Thy good pleasure, for the greater glory of God, in time and in eternity. Amen.

## Prayer to the Eucharistic Heart of Jesus

Heart of Jesus in the Eucharist,  
I adore You.  
Sweet Companion of our exile,  
I seek You.  
Holy God become man,  
I beat with Your Heart.  
Eucharistic Heart of Jesus,  
solitary, abandoned,  
humiliated, cursed,  
despised, outraged,  
ignored by men,  
have mercy on us.  
Lover of our hearts,  
pleading for Your beloved,  
patiently waiting for us,  
eager to hear our confidences,  
desirous of our devotion,  
have mercy on us.  
Heart of grace,  
silent and wishing to speak,  
Refuge of the hidden life,  
Sharer of the secrets of union with God,  
Eucharistic Heart of Jesus,  
have mercy on us.  
Jesus, Victim, I want to comfort You.  
I unite myself with You.  
I offer myself in union with You.  
I count myself as nothing before You.  
I desire to forget myself and think only of You,  
to be forgotten and rejected for love of You,  
not to be understood, not to be loved, except by You.  
I will hold my peace that I may listen to You.  
I will forsake myself in order to be lost in You.  
Grant that I may quench Your thirst for my salvation,  
Your burning thirst for my sanctification,  
and that, being purged, I may give You a true and pure love.  
I no longer want to deny Your expectations.  
Take me. I give myself to You.  
I entrust to You all my actions and thoughts -- my mind, that You may enlighten it,  
my heart, that You may fill it,  
my will, that You may establish it,  
my soul and body, that You may feed and sustain them.  
Eucharistic Heart of Jesus,  
Whose Blood is the life of my soul,  
may it no longer be I who live,  
but You alone Who lives in me.

## Prayer for the Spread of Perpetual Adoration

Heavenly Father, increase our faith in the Real Presence of Your Son Jesus Christ in the Holy Eucharist.

We are obliged to adore Him, to give Him thanks and to make reparation for sins.

We need your peace in our hearts and among nations.

We need conversion from our sins and the mercy of Your forgiveness.

May we obtain this through prayer and our union with the Eucharistic Lord.

Please send down the Holy Spirit upon all peoples to give them the love, courage, strength and willingness to respond to the invitation to Eucharistic Adoration.

We beseech You to spread Perpetual Adoration of the Most Blessed Sacrament in parishes around the world.

We ask this in the name of Jesus the Lord. Amen

Our Lady of the Most Blessed Sacrament

Help us to spread the glory of Your Son through Perpetual Adoration.

Pope John Paul II Eucharistic Adoration Phone: 708-728-0840

## At the Feet of Christ in the Eucharist

O Jesus, Divine Prisoner of Love, when I consider Your love and how You emptied Yourself for me, my senses deaden. You hide Your inconceivable majesty and lower Yourself to miserable me. O king of Glory, though You hide Your beauty, yet the eye of my soul rends the veil. I see the angelic choirs giving You honor without cease, and all the heavenly Powers praising You without cease, and without cease they are saying: Holy, Holy, Holy. Oh, who will comprehend Your love and Your unfathomable mercy toward us! O Prisoner of Love, I love up my poor heart in this tabernacle that it may adore You without cease night and day. I know of no obstacle in this adoration: and even though I be physically distant, my heart is always with You. Nothing can put a stop to my love for You. No obstacles exist for me...

O Holy Trinity, One and Indivisible God, may You be blessed for this great gift and testament of mercy. Amen. I adore You, Lord and Creator, hidden in the Most Blessed Sacrament. I adore You for all the works of Your hands, that reveal to me so much wisdom, goodness and mercy, O Lord. You have spread so much beauty over the earth and it tells me about Your beauty, even though these beautiful things are but a faint reflection of You, incomprehensible Beauty. And although You have hidden Yourself and concealed your beauty, my eye, enlightened by faith, reaches You and my souls recognizes its Creator, its Highest Good, and my heart is completely immersed in prayer of adoration.

My Lord and Creator, Your goodness encourages me to converse with You. Your mercy abolishes the chasm which separates the Creator from the creature. To converse with You, O Lord, is the delight of my heart. In You I find everything that my heart could desire. Here Your light illumines my mind, enabling it to know You more and more deeply. Here streams of grace flow down upon my heart. Here my soul draws eternal life. O my Lord and Creator, You alone, beyond all these gifts, give Your own self to me and unite Yourself intimately with Your miserable creature.

O Christ, let my greatest delight be to see You loved and Your praise and glory proclaimed, especially the honor of Your mercy. O Christ, let me glorify Your goodness and mercy to the last moment of my life, with every drop of my blood and every beat of my heart. Would that I be transformed into a hymn of adoration of You. When I find myself on my deathbed, may the last beat of my heart be a loving hymn glorifying Your unfathomable mercy. Amen.

(by St. Faustina)

Lauda Sion  
By St. Thomas Aquinas

Laud, O Sion, thy Salvation  
Laud in songs of exultation  
this thy Shepherd and thy King:  
All thy might in triumph raising  
Praise Him Who surpasses praising  
Far beyond thine honouring.  
Be our theme of high thanksgiving  
Living Bread and source of living  
Set to-day before us here:-  
Broken at that Supper blessed,  
As by every mouth confessed,  
For the brethren gathered there.  
Laud be lifted, sweet and sounding,  
Ringing from an heart abounding,  
Rising into jubilee!  
Laud in duteous celebration  
Of this Table's consecration  
For such high solemnity.  
Lo, the King His Law revises;  
Newer truth from elder rises,  
Newer Law and Paschal rite.  
Ancient truths their room surrender,  
Glow the twilight into splendour,  
Darkness vanishes to light.  
That He wrought at supper lying  
In remembrance of His dying  
Christ hath bid His Church renew;