Inspiring Powerful Mother-Daughter Relationships Through Purposeful And Transparent Conversations

Gilmore Girls Greetings

Luciana Gilmore is the Founder & CEO of Gilmore Girls Greetings<sup>™</sup>. Gilmore Girls Greetings was most recently highlighted by an Ohio newspaper, Call & Post, as a business on the rise! The focus of Gilmore Girls Greetings is to inspire mothers (and surrogate mothers) and daughters to talk courageously with each other from adolescence throughout adulthood.

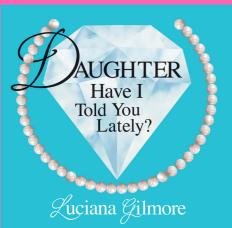
Luciana began creating greeting cards to provide a platform for transparent conversations to occur between mothers and daughters. She used her experience of being a mother to her girls, a school principal and school mom to her students, as a basis for her cards. Being a daughter herself with barriers of communication with her own mother gave her additional inspiration. Once Luciana began developing the cards, she decided that getting her daughters involved would be impactful and meaningful to their relationship as well.

To date, Luciana and her daughters have created over 100 greeting cards on topics such as:

Attitude and Respect Choices and Peer Pressure Guidance Inner Beauty Boys and Boyfriends

The 1st series, "Sugar and Spice," is now available at www.gilmoregirlsgreetings.com

Luciana is the author of "Daughter, Have I Told You Lately?" The sentiments expressed within this book are words of encouragement she feels her daughters and all daughters should hear from their mothers. "Daughter, Have I Told You Lately?" gives mothers a chance to ensure that encouragement, love, and support are communicated.



""Every daughter deserves to have open, purposeful, inspiring communication with their mothers." ~Luciana Gilmore



Luciana's goal with Gilmore Girls Greetings, is to build an infrastructure of support for mothers and daughters, bound by the common thread of communicating openly and purposefully.



"As mothers we are our daughters' biggest influencers. We have to get this right!" ~Luciana Gilmore

#### Praise for Gilmore Gilmore Greetings

"My mother has worked hard at ensuring that she grooms me for success. Our communication has grown over the years." ~Asiya Gilmore

"My mother talks with me a lot, even when I don't want talk she will say something funny to make me talk!" ~ Jada Gilmore "Being a part of this mother daughter event was truly inspirational!" ~Dr. Patricia Orr

"Ms. Gilmore always ensures that we know we can do whatever we want in life. She doesn't put limits on us." ~Simone (student)



# Luciana's Presentation Topics

### Adolescence and Self-Image

Helping girls through the pressures of adolescence while establishing a positive self-image

## Friendship Circles

Giving daughters strategies for establishing powerful friendship circles

# Love after Broken Trust

Providing tools to assist mothers and daughters to support, love, and guide after trust has been broken

#### Mothers vs. Friends

Determining the balance between being a mother and a friend

# Preparation

Preparing for transition into adulthood and life's next chapter



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