#### Who qualifies for home health care?

To qualify for Medicare coverage for home health care, a patient must be:

- Homebound
- Unable to function outside of the home without a considerable and taxing effort (i.e., with the aid of another person and/or assistive device)
- Have an exacerbation of an existing illness or onset of a new disease process
- Require nursing, PT/OT, speech pathology on an intermittent basis

#### Why Choose St. Claire's Home Health?

- Full range of services
- Medicare-certified
- The Joint Commission-accredited
- A division of Hope Hospice
- Non-profit, community-led



Medicare and Medi-Cal Certified Accredited by The Joint Commission

#### Languages spoken:

English, Tagalog, Spanish, Vietnamese, Chinese and Korean

#### **About Hope**

Hope helps patients and their families live each day to the fullest by providing quality end-of-life care, home health care, grief support and community education. As a community-led, non-profit agency we are committed to people, patient needs and driven by our mission, rather than by profit or financial demands.

#### **Commitment to Quality**

We provide quality care by skilled professionals in the privacy of your own home. You can count on us to respond promptly and reliably when you need us.

Serving Alameda, Contra Costa and Santa Clara counties.

Questions? Call us today (510) 887-4400

# St. Claire's Home Health A division of Hope Hospice

Phone: (510) 887-4400 Fax: (510) 877-4401 info@stclaireshomehealth.com

6377 Clark Ave., Suite 101 Dublin, CA 94568-3024 St. Claire's Home Health

A division of Hope Hospice

### Promoting recovery and independence at home



stclaireshomehealth.com

## The best way to recover is in your own home with the help of skilled care professionals.



#### There's no place like home

Sometimes, the best way for individuals to recover is in their own homes with the help of skilled professionals.

#### How we can help

St. Claire's Home Health professionals provide a full range of care that will aid patients in their recovery process. This includes those who are living with serious or chronic ailments such as heart failure, diabetes, cancer or respiratory diseases and may or may not have a terminal illness. Some may be recovering from surgery or have wounds that need care and observation.

Our home health team provides high quality, personalized home health care, helping patients achieve their goals, ensuring a safe and seamless transition from nursing homes or hospitals to their own homes. Receiving skilled care at home often helps patients avoid repeated hospitalizations.

#### **Full range of care**

We provide a variety of care, depending on an individual's needs including:

- Medication education
- Surgical and non-surgical wound care
- · Pain assessment and interventions
- Diabetic teaching with a certified RN
- Disease management and education
- Physical, occupational and speech therapy
- Medical social work
- Home health aides
- Community resources
- Arranging for medical equipment



#### Skilled home health services

#### **Wound care management**

- Suture removal, packing and drains
- Surgical incision care
- Wound care
- Negative wound pressure therapy management

#### **Urinary catheter management**

- Urinary catheter insertion or change
- Catheter care education, including irrigation

#### NG Tube, J Tubes, G Tubes

- Management of feeding tubes
- Monitor tube feedings
- Provide formula delivery
- Instruction on pump use

#### **Drainage tubes**

Management of:

- Pleurx drains
- Pigtail drains
- Fecal incontinence management
- Surgical drains

#### **Ostomy Care and teaching**

- Management and delivery of ostomy appliances
- Skin care
- Irrigation

#### **Post-operative care**

- Post-op care and observation
- Teaching, rehabilitation measures

#### **Medication management**

- Medication education
- IM injection administration
- Teach self-administration when appropriate

#### **Diabetic Teaching**

- Signs and symptoms of hyper/ hypoglycemia to report to RN/MD
- Skin and foot care
- Insulin injection teaching
- Diet teaching

#### IV antibiotic administration

- PICC care
- PORT care
- Scheduled antibiotic administration
- Care planning and teaching

#### **Lab Draws**

We perform venipuncture to determine blood levels for:

- PT/INR
- Blood glucose
- Drug levels for certain medications

#### **TPN Management**

- Drug levels
- Tubing, bag changes
- Education

#### **Cardiac Care**

- Post CABG (heart bypass surgery)
- CHF (congestive heart failure)
- Post MI (heart attack)