



FOOD SHOPPING

YOUR LOCAL LOCKDOWN GUIDE

STORE	OPENING TIMES	ELDERLY & NHS PRIORITY
ALDI Swinton, Eccles, Walkden, Tyldesly, Irlams O' Th' Height	Mon to Sat: 8am - 10pm Sun: 10am - 4pm	Key workers: All day priority access Blue Light workers: Sun 9.30-10am Elderly/Vulnerable: Mon-Sat 7.30-8am
ASDA Swinton, Eccles, Pendlebury, Farnworth, Atherton, Trafford Park	Mon to Sat: 8am - 10pm Most Stores - Sun: 10am - 4pm Trafford Park- Sun: 10.30am-4.30pm Swinton - Sun: 11am-5pm	NHS: First hour of Trading Mon, Wed, Fri & Sun
CO-OP Ellenbrook, Worsley Road Swinton, Astley	Ellenbrook - Daily: 7am - 11pm Swinton - Daily 7am - 10pm Astley - Daily 7am - 10pm	Mon to Sat: 8am - 9am Sun: 10am - 11am
ICELAND FOOD WAREHOUSE Walkden, Eccles West One, Trafford Retail Park	All - Mon to Sat: 8am - 7pm Walkden - Sun: 10am - 4pm Eccles - Sun: 10.30am - 4.30pm Trafford - Sun: 11am - 5pm	Elderly: First hour of trading NHS: Last hour of trading
LIDL Winton, Farnworth, Salford	Mon to Sat: 8am - 9pm Sun: 10am - 4pm	N/A
M&S Walkden Trafford Centre	Walkden: Mon to Sat: 8am - 8pm Sun: 10am - 4pm TC :Mon to Fri: 10am - 7pm (Sat from 9am) Sun: 12pm - 6pm	First hour of Trade: Mon & Thu: Elderly & Vulnerable Tue & Fri: NHS/Emergency Services/Social Care workers
MORRISONS Swinton, Eccles	Mon to Sat: 7am - 10pm Sun: 10am - 4pm	NHS: Mon-Sat: 6am - 7am Sun: 9am - 10am
SAINSBURY'S Salford Regent Road	Mon to Sat: 8am - 10pm Sun: 11am - 5pm	NHS: Mon-Sat: 7.30am - 8.30am Elderly/Vulnerable: Mon, Wed & Fri 8am - 9am
TESCO EXTRA Walkden	Mon to Sat: 8am - 10pm Sun: 10am - 4pm	Elderly & Vulnerable Mon, Wed, Fri: 9am - 10am NHS: Tue, Thu & Sun: 9am - 10am
ICELAND Little Hulton, Farnworth	Mon to Sat: 9am - 6pm Sun: 10am - 4pm	NHS: Last hour of trading
SAINSBURY'S LOCAL Eccles Gilda Brook Boothstown	Daily: 7am - 10pm Daily: 7am - 9pm	N/A
TESCO EXPRESS Swinton, Monton	Swinton: 6am-11pm (Sat/Sun to 10pm) Monton: 7am-11pm (Sat/Sun to 10pm)	N/A
COSTCUTTER Chorley Road Swinton	Mon to Sat: 7am - 10pm Sun: 8am - 10pm	N/A
COSTCUTTER Worsley Road, Eccles	Mon Tues Thu Fri: 6am - 6pm Wed & Sat: 6am - 7.30pm Sun: 7am - 3.30pm	N/A
COSTCUTTER Ellenbrook Road, Boothstown	Daily: 8am - 10.30pm (Sat from 7.30am)	N/A
BENTS GARDEN AND HOME Glazebury	Mon to Fri: 8am - 5pm* Sat: 8.30am - 5.30pm Sun: 10.30am - 4.30pm	*Monday to Friday NHS: 8am - 8.30am Elderly & Vulnerable: 8.30am - 10am
MEAT MART Astley	Mon to Sat: 9am - 6pm Sun: 10am - 4pm	N/A

Last updated 3rd May 2020