



FOOD SHOPPING

YOUR LOCAL LOCKDOWN GUIDE

STORE	OPENING TIMES	ELDERLY & NHS PRIORITY
ALDI Swinton, Eccles, Walkden, Tyldesly, Irlams O' Th' Height	Mon to Sat: 8am - 10pm Sun: 10am - 4pm	Key Workers & Blue Light Workers: All day priority access Elderly/Vulnerable: Mon-Sat 7.30-8am
ASDA Swinton, Eccles, Pendlebury, Atherton	Mon to Sat: 7am - 10pm (Eccles to 11pm) Most Stores - Sun: 10am - 4pm Swinton - Sun: 11am-5pm	NHS, Care Home Workers, Carers: Mon, Wed, Fri: 8.00am - 9.00am Sun: Browse 1hr before opening
ASDA Trafford Park	Mon: 7.30am - 12am Tue to Fri: Open 24 hours Sat: 12am - 10pm / Sun: 10.30am-4.30pm	
CO-OP Worsley Road Swinton, Ellenbrook, Astley	Daily: 7am - 10pm	N/A
ICELAND FOOD WAREHOUSE Walkden, Eccles West One, Trafford Retail Park	Mon to Sat: 8am - 9pm (Trafford 8pm) Walkden - Sun: 10am - 4pm Eccles - Sun: 10.30am - 4.30pm Trafford - Sun: 11am - 5pm	N/A
LIDL Winton, Farnworth, Salford	Mon to Sat: 8am - 10pm Sun: 10am - 4pm	N/A
M&S Walkden Trafford Centre	Walkden: Mon to Sat: 8am - 8pm Sun: 10am - 4pm TC :Mon to Fri: 10am - 8pm (Sat from 9am) Sun: 12pm - 6pm	First hour of Trade: Mon & Thu: Elderly & Vulnerable Tue & Fri: NHS/Emergency Services/Social Care workers
MORRISONS Swinton, Eccles	Mon to Sat: 7am - 10pm Sun: 10am - 4pm	NHS: Mon-Sat: 6am - 7am Sun: 9am - 10am
SAINSBURY'S Salford Regent Road	Mon to Sat: 7am - 11pm Sun: 11am - 5pm	NHS: Mon-Sat: 7.30am - 8.30am Elderly/Vulnerable: Mon, Wed & Fri 8am - 9am
TESCO EXTRA Walkden Salford	Mon to Sat: 6am - midnight Walkden Sun: 10am - 4pm Salford Sun: 11am - 5pm	Elderly & Vulnerable Mon, Wed, Fri: 9am - 10am NHS: Tue, Thu & Sun: 9am - 10am
SAINSBURY'S LOCAL Boothstown Eccles Gilda Brook	Daily: 7am - 10pm (Sat to 11pm) Daily: 7am - 11pm (Sun to 10pm)	N/A
TESCO EXPRESS Swinton, Monton	Swinton: Daily 6am-11pm Monton: Daily 7am-11pm	N/A
COSTCUTTER Chorley Road Swinton Parrin Lane Eccles	Mon to Sat: 7am - 10pm Sun: 8am - 10pm	N/A
COSTCUTTER Worsley Road, Eccles	Daily: 6am - 6pm (Wed & Sat to 7.30pm) Sun: 7am - 3.30pm	N/A
COSTCUTTER Ellenbrook Road, Boothstown	Daily: 8am - 10.30pm (Sat from 7.30am)	N/A
BENTS GARDEN AND HOME Glazebury	Mon to Sat: 8.30am - 5.30pm Sun: 10.30am - 4.30pm	N/A
RINGWOOD Chadwick Road, Eccles	Mon to Sat: 8am - 3pm	Home Deliveries available

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