

## Luca's Lockdown Menu

## Delicious oven baked pasta ready to heat and eat or freeze for later. Lasagne Layers of fresh homemade pasta, interleaved with Bolognese & béchamel then baked in the pizza oven with mozzarella. V Cannelloni Bioette checce & opinach rolled in fresh pasta

Bake at Home - Fresh or Frozen

	with mozzarella.			
V	<b>Cannelloni</b> Ricotta cheese & spinach rolled in fresh pasta, blessed with tomato, béchamel & mozzarella, then baked to perfection	R119	R469	R699
	Penne Alessandro Bacon, onion, mushroom, chilli, garlic, tomato, a touch of cream, topped with avo* & mozzarella then baked in the pizza oven. "Omit bacon for a "V"delight"	R119	R469	R699
V	<b>Melanzane Alla Parmigiana (Banting Friendly)</b> Thinly-sliced brinjal, lightly fried, layered with tomato, mozzarella & Parmigiano.	R119	R469	R699



6

Portion

R699

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Portion

R469

Single

R119

-	Buy a bottle of our now famous salad dressing. Bottle	
	Of Salad Dressing (375 ml)	<b>R95</b>

## Salads & Starters

House Salad Now famous mixed salad with fresh Avo*, Robiola cheese & our secret narcotic dressing	Regular Medium (serves 3-4) Large	R89 R139
Or add Chicken, Calamari, Tuna or Anchovy.	(serves 4-5) Regular Large	R169 R149 R249
<b>Caprese Salad</b> Thinly-sliced tomato & fior di latte mozzarella dressed with fresh sweet basil, olive oil & origanum.		R95
Radicchio Salad Slightly bitter red lettuce with rocket, tomatoes & Parmigiano; dress with extra virgin olive oil & balsamic to your taste.		R85
Fresh Green Asparagus Steamed & caressed in melted dolcelatte Gorgonzola with roasted almond flakes.		R95
Black Mushroom Caprese Large mushrooms, baked in the pizza oven with tomato, fior di latte mozzarella, sweet basil pesto & garlic.		R89
Prosciutto Crudo & Melon The all-time classic		R99
<b>Carpaccio</b> Thinly-sliced raw fillet of beef, dressed with fresh rocket, shaved Parmigiano & extra virgin olive oil.		R89
<b>Chicken Livers</b> Sauté with chilli & onion in beer.		R75
Fresh Mussel & Clam Soup "Alla Felicetta" Steamed in white wine, a little garlic, parsley, tomato, a dash of cream & Parmigiano. (When clams are available)		R85



	Baby Calamari / (Tenticles or Tubes or Mixed) Grilled with olive oil, lemon, a touch of freshly-ground black pepper & parsley.		R85
NEW	<b>Chicken Tortellini in Herb Broth</b> Rings of pasta stuffed with chicken poached in a chicken & herb broth		R75
	Minestrone Needs no introduction, hearty & delicious.		R75
Schiacciata (Piz	zza Bread)		
	Herb or Garlic & extra virgin olive oil Mozzarella Cheese Ripe sliced tomato & Gorgonzola		R59 R69 R85
Classic Pizza			
	48 hour Leavening white or wholewheat dough. Or wheat, gluten-free & banting now available. Please Note: All pizza's are made with Mozzarella & Italian tomatoes.	Add	R21
V	<b>Margherita</b> Mozzarella, tomato & origanum.		R90
	<b>Regina</b> Mozzarella, tomato, ham, mushroom & origanum		R119
	<b>Padovana</b> Salame, mushroom, Mozzarella & tomato		R119
	<b>Pisana</b> Bacon, onion, Mozzarella & tomato		R119
	<b>Quattro Stagioni</b> Ham, Mushroom, Olive & Artichoke.		R139
	<b>Napoletana</b> Mozzarella, Tomato, Anchovy & Olives.		R129
	<b>Siciliana</b> Anchovy, Olives & Capers.		R139



	<b>Livornese</b> Tuna & Green Olives.		R139	
v	<b>Pompeii</b> Chilli, Garlic, Green Pepper & Onion.		R109	
v	Vegeteriana mushroom, onion, green pepper, capers, artichoke & olives.		R139	
	Frutti Di Mare "Di Alessio" A taste of the ocean's bounty (calamari, prawn, mussels & clams) with garlic & chilli		R159	
Calzone		from (each)	R129	
	Traditionally filled with Mozarella, tomato, ham & mushrooms.			
	Choose whatever ingredients your heart desires & we will envelope them in fresh pizza dough & bake your "large stocking" (calzone) to a crisp.			
	Choose from or add			
	bacon, ham, salame, anchovy, calamari, mussles, tuna		R29	
	chilli, garlic, green pepper, onion, tomato artichoke, avo*, capers, mozarella, mushrooms, olives		R12 R21	
	prawns (each)		R21	
	Please note: because of its domed shape your calzone may be slightly charred!			
"Fresh" Pizza Range				
	(Starter for two or main for one)			
	Pecorino (Sardinian sheeps cheese), fior di latte (Mozzarella ball), Rosa tomatoes & radicchio.		R129	
	Taleggio (Italian Camembert), pesto, Rosa tomatoes, & basil leaves.		R129	
v	Caramelised Balsamic Onions, roasted red & yellow peppers, fior di latte & rocket.		R129	



v	Roast Artichoke Paste, sauté porcini, fior di latte & avo*.		R129
v	Roast Butternut, Gorgonzola, walnut pesto & rocket.		R129
	Coppa (cured pork), Fontina (Italian Emmenthal), strawberries & rocket dressed in balsamic & olive oil.		R139
NEW	La Rachele - Fresh Ricotta, grilled zucchini, Parmigiano shavings, torn Basil & a light drizzle of Truffle oil.		R129
Gourmet Pizza			
	48 hour Leavening white or wholewheat dough.		
	Or wheat, gluten-free & banting now available. Please Note: All pizza's are made with Mozzarella & Italian tomatoes.	Add	R21
	Roma Special		R159
	In honour of my mentor, Enrico		11100
	Mushrooms, onions, olives, artichokes, green		
	peppers, capers, anchovy, salame, garlic, chilli & avo*.		
	Lamb Peperonata & Rocket Roast lamb, roasted red & yellow peppers (with fresh rocket dressed in balsamic vinegar & olive oil).		R159
	Del Sole		R149
	Italian fennel-infused pork sausage, sun-dried tomato, chilli, garlic & fresh avo*.		n 149
	<b>Prosciutto Crudo</b> Freshly sliced Prosciutto ham, rocket & Parmigiano shavings.		R169
	Messicana		R159
	Chilli, garlic, green pepper, onion, bolognese & avo*.		RIJ9
V	Palermitana Mixed roast veggies – brinjals, artichokes, red & yellow peppers & tomatoes with rocket.		R149
	<b>Salmonata</b> Oak-smoked Norwegian salmon trout, dollops of Mascarpone, capers & caviar.		R159



**Oven Baked Pasta** 

		Lasagne Layers of fresh homemade pasta, interleaved with Bolognese & béchamel then baked in the pizza oven with mozzarella.	R129
	V	<b>Cannelloni</b> Ricotta cheese & spinach rolled in fresh pasta, blessed with tomato, béchamel & mozzarella, then baked to perfection	R129
		Penne Alessandro Bacon, onion, mushroom, chilli, garlic, tomato, a touch of cream, topped with avo* & mozzarella then baked in the pizza oven. "Omit bacon for a "V"delight"	R129
	V	Melanzane Alla Parmigiana (Banting Friendly) Thinly-sliced brinjal, lightly fried, layered with tomato, mozzarella & Parmigiano.	R129
Primi Piatti		Pasta	
NEW	V	<b>Rigatoni Raffaele</b> Large tubes of pasta in Napoletana, generous fresh basil, extra-virgin olive oil & Parmigiano curls.	R109
		Linguine Catharina Anchovy fillets dissolved in extra virgin olive oil with fresh chopped ripe tomato chunks, garlic, chilli & rocket.	R129
		<b>Spaghetti Alle Vongole</b> Fresh clams, steamed in white wine with garlic, parsley & extra-virgin olive oil. (When clams are available)	R129
NEW		<b>Spaghetti Nero di Seppia</b> Black cuttlefish ink, sauté calamari & virgin olive oil.	R139
		<b>Tagliolini Ai Gamberi</b> Fresh homemade "square spaghetti" with prawns & asparagus, sauté in white wine with a touch of chilli, garlic, parsley, lemon & tomato.	R189
		Add Cream & Vodka	R199



		Fettuccine Frutti Di Mare Fresh mussels & clams, baby calamari & prawns lambasted with tomato, garlic parsley & a little white wine.	R199
		Panzarotti Al Salmone Half-moon shaped pasta filled with spinach & ricotta in a delicate blend of smoked salmon, leeks, tomato, cream & brandy.	R119
	V	<b>Zucchini Triangoli Tartufati</b> Spinach pasta triangles filled with baby marrow & ricotta, lavished in fresh farm-cream, truffles & wild mushrooms.	R129
	V	Butternut Panzerotti Half-moon shaped pasta filled with butternut served in fresh sage butter with Parmigiano.	R119
NEW		<b>Rigatoni alla Norma</b> A delight of Sicilian origin, roast brinjals & tomatoes, Ricotta & Pecorino cheese, tossed with short, fat tubular pasta!	R139
	V	<b>Penne Arrabbiata</b> Short tubular pasta, (with quill tips) tossed with tomato, chilli, garlic.	R99
		Add green pepper for texture.	R105
	V	<b>Penne Vegetariana</b> Tomato-based mixed veggie sauce with mushrooms, onions, green peppers, artichokes, olives, corn, baby marrow & carrots.	R139
	V	<b>Tagliolini Incazzati</b> Chilli, garlic, green pepper, fresh sweet basil pesto, tomato & a dash of cream.	R119
	V	<b>Gnocchi Al Pesto</b> Darling little dumplings (Homemade with potato, flour & eggs) dusted with nutmeg, smothered in a sauce of fresh sweet basil, garlic, olive oil, Parmigiano, pine kernels & cream (optional).	R159
		<b>Spaghetti Bolognese</b> The conqueror of all known worlds needs no introduction. Try with fettuccine!	R119



		Ravioli Con Salsa Ai Funghi Cushions of pasta, filled with tasty ground beef suggested in fresh farm-cream & mushroom.	R139
		<b>Fettuccine Rodolfo</b> Alfredo se moer! Try this for size! Fresh homemade egg pasta in cream, ham, mushroom, Parmigiano, a little black pepper & garlic.	R119
		<b>Spaghetti Carbonara</b> Egg, bacon, black pepper & Pecorino.	R119
		<b>Penne Amatriciana</b> Bacon, onion, seasoned & spiced tomato & the ever essential garlic!	R129
		<b>Fettuccine Caruso</b> Fresh homemade ribbon pasta with julienne of veal, sauté in red wine with chilli, garlic, mushroom, onion, cream & tomato.	R149
		<b>Penne Cacciatore</b> Chicken, mushrooms & onion sauté in red wine, finished with tomato, peas & a touch of garlic.	R145
Risotto Del	Gio	rno	
		(Made to order & to your taste: Allow at least 20 mins cooking time)	
	V	Porcini	R169
		Frutti Di Mare	R199
		Rabbit, Salsiccia & Spinach	R179
	V	Ricotta, Rosemary, Lemon Zest & Basilico	R149
NEW		Nero di Seppia	R159
		Black cuttlefish ink, sauté calamari & virgin olive oil	
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Carne		Meat	
		Lamb Al Caffe Also known as Lamb-Borghini, our signature dish was invented & fashioned by my Mamma, Alma (whose maiden name was Borghini). De-boned leg of lamb, pot-roasted in espresso & apricots with carrots, onions & a little double cream. (Suggested with rice or polenta)	R199



<b>Calf Liver Alla Veneziana</b> Sliced julienne, sauté in white wine, onions, a little tomato & herbs.	R169
Try this served with polenta.	
<b>Ossobuco</b> Shin of veal, slow-cooked in white wine with celery, carrot, onion & tomato until falling off the bone. Served on your choice of Polenta OR Fettuccine.	R199
<b>Chicken Breast</b> Flame grilled with fresh rosemary, lemon, Italian herbs & spices.	R119
OR white wine, olives, mushrooms & fennel	R139
OR alla Milanese (Crumbed & lightly fried).	R129
<b>Trippa Alla Parmigiana</b> Veal tripe stewed in white wine, tomato & onion with Parmigiano & lemon zest.	R169
Fennel Infused Salsiccia	R169
Grilled pork sausage on pesto polenta.	
<b>Rabbit Cacciatora or Madagascar</b> Jointed, cassaroled in tomato, red wine, mushrooms & peas or green peppercorns, Dijon mustard, cream & brandy, or try half of each!	R189
28 to 35 Day Matured Free-Range Specialist Cuts (When available)	
Fillet of Beef Rubbed in herbs & spices, seared in olive oil & served on a bed of fresh rocket.	R179
<b>250g Rib-Eye</b> Char-grilled to order. "My favourite cut of beef!"	R199
<b>1Kg Fiorentina</b> (T-Bone) Medium rare only, with Porcini! Ideal for two to share	R349
<b>300g Argentian Style Rump</b> Triangular point of rump. Grilled through the fat. Add a tasty accompaniment:	R189



NEW

	Truffled mushrooms in a fresh farm cream	R49
	Porcini, sauté in butter (optional), olive oil & lemon Black & green pepper corn, Dijon mustard, brandy &	R49
	fresh farm cream	R45
	Gorgonzola (mild), Parmigiano & cream	R45
Scaloppine di V	litello	
	Veal Porcini Thinly-sliced pan fried escalope of veal, with wild porcini mushrooms, lemon, white wine & parsley.	R179
	<b>Veal Daniele</b> Finished in fresh sweet basil pesto & served with gnocchi Gorgonzola	R179
	<b>Veal Madagascar</b> Madagascar green-peppercorns, Dijon mustard, cream & brandy.	R179
	Veal Milanese Herbed, spiced, crumbed & lightly-fried. (suggested with fresh chopped tomato & rocket)	R179
	<b>Veal Saltimbocca</b> Prosciutto ham, fresh sage, butter & white wine.	R189
Pesce		
r esce	Fish	
	Baby Calamari	R169
	Grilled with olive oil, lemon, a touch of freshly-ground black pepper & parsley. Tubes or tentacles or mixed.	
	Fresh Pepper-Crusted Seared Tuna	R229
	Super-healthy & delicious – when available!	
	(suggested served on linguine pesto)	
	Fresh Scottish Salmon Lightly-grilled, brushed with olive oil, lemon, capers & origanum & parsley.	R239
	Whole Cape Bream Griiled then finished in our woodfired oven! Please note - whole on the bone!	R189



	<b>Mussel &amp; Clam Soup "Alla Felicetta"</b> Steamed in white wine, garlic & parsley, then finished in tomato with a dash of cream & Parmigiano. (When clams are available)	R139
	Fresh Fillet of River Trout Grilled, finished with lemon, white wine, parsley & toasted almonds.	R169
	Luca's subscribes to SASSI indictors of sustainable fishing; we will therefore only purchase "green fish" & never any endangered or over-exploited species.	
Dolci	Desserts	
NEW	<b>Double Choc Crunch</b> Layers of chocolate Gelato & nuts on a thin chocolate sponge.	R45
NEW	Classic Cassata Layered Vanilla, chocolate & "crema" Gelato with nuts & glazed fruit on chocolate sponge	R45
NEW	<b>Classic Tartufo</b> Cassata ice cream wrapped in chocolate Gelato & dusted with cocoa	R45
NEW	<b>Gelati from Baglios!</b> A choice or mix of bacio, pistacchio hazelnut, after eight & vanilla or sorbet of the day. (3 scoops)	R45
	<b>Baci</b> A firm favourite, Italian kisses in assorted flavours. (Otherwise known as "Nipples of Venus"!)	R45
	<b>Chocolate Truffle Cake</b> Handmade in-house with the finest dark chocolate & Jamaican Rum, complimented by a toasted almond brittle base.	R75
	<b>Tiramisu</b> Homemade & very traditional, prepared with layered Mascarpone, eggs, boudoir biscuits soaked in espresso & Marsala, then sprinkled with cocoa.	R69
	Baked Cheese Cake Fresh homemade with a hint of lemon.	R69



<b>Affogato</b> Bacio gelato "drowned" in espresso & Amaretto, served in a coffee cup!	R59
Pistacchio & Grappa Don Pedro (Unique to Luca's - tastes like marzipan!)	R59
Chocolate & Almond Triangle (Banting Friendly) Sugar & wheat free, delicious dark chocolate flavour	R69

