

## Sandwich or Baguette

Carvery Meat Baguette <i>with jug of gravy &amp; roast potatoes</i>	£8.50
Somerset Brie and Cranberry  <i>with chips &amp; salad</i>	£7.95
Honey Roast Ham (sandwich or baguette) <i>with chips &amp; salad</i>	£6.95
Chicken & Bacon (sandwich or baguette) <i>with chips &amp; salad</i>	£7.95
Lyme Bay Crab sandwich <i>with chips &amp; salad</i>	£8.95
Pulled pork with BBQ sauce <i>with chips &amp; salad</i>	£7.95
Turkey and Cranberry <i>with chips &amp; salad</i>	£7.95


## Side Orders

Chips	£2.95	Onion Rings	£2.50
Cheesy Garlic Bread	£3.50	Side Salad	£2.50
Mixed vegetables	£2.25	Bread and butter	£1.50
New Potatoes	£1.95	Coleslaw	£1.95
Garlic Bread	£2.50	Cheesy Chips	£3.50

## Desserts

Please also see our desserts of the day board

Sticky Toffee Pudding <i>with vanilla ice cream &amp; toffee sauce</i>	£4.95
Warm Chocolate Fudge Cake <i>with vanilla ice cream</i>	£4.95
Homemade Cream Brulee	£4.95
Selection of Cheeses	£7.95
Yarde Farm Dairy Ice Cream (3 scoop) <i>Vanilla, Strawberry, Chocolate, or Honeycomb</i>	£3.95

 Suitable for Vegetarians  
Please ask for our Allergen Chart

## Salads

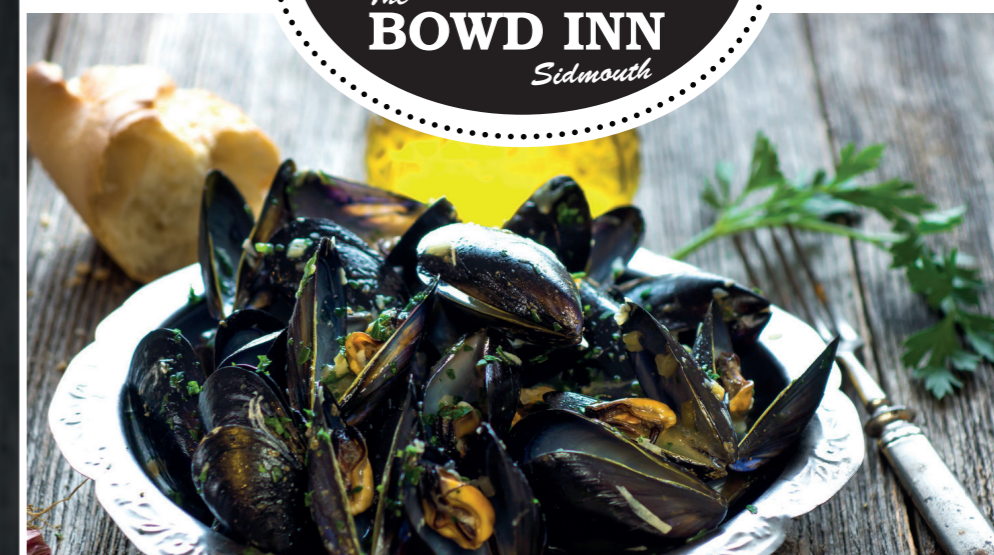
Chicken and Bacon Salad	£9.95
Prawn & Crayfish Salad <i>with dressed mixed leaves, cucumber, tomato, peppers, &amp; new potatoes</i>	£12.95
Honey Roasted Ham <i>with dressed mixed leaves, cucumber, tomato &amp; peppers</i>	£9.95
Lyme Bay Crab & Apple <i>with dressed mixed leaves, cucumber, tomato, peppers, &amp; new potatoes</i>	£12.95

## Under 11s Menu

Homemade Chicken Nuggets <i>with chips &amp; garden peas</i>	£4.95
Childs Scampi <i>with chips &amp; garden peas</i>	£4.95
Beef Burger <i>with chips &amp; garden peas</i>	£4.95
Cheese & Tomato Pizza 	£4.95
Homemade Chefs Chicken Curry <i>with basmati rice</i>	£4.50
Ham & Cheese Pizza <i>with chips</i>	£5.50
Double Sausage <i>with chips &amp; garden peas</i>	£3.95
Under 11s Carvery	£5.95

## Under 11s Desserts

Sticky Toffee Pudding <i>with vanilla ice cream &amp; toffee sauce</i>	£2.75
Chocolate Fudge Cake <i>with vanilla ice cream</i>	£2.75
Two scoops of Ice Cream <i>Vanilla, Strawberry, Chocolate, or Honeycomb</i>	£2.50



# MENU

PUB CLASSICS • CARVERY • FRESH FISH

OUR MENU IS SPONSORED BY DEVON QUALITY FISH LTD, EXMOUTH

All our fish is sourced locally using sustainable methods  
Visit our retail fishmongers, "The Wet Plaice" in  
The Strand, Exmouth


## Starters & Light Bites

Homemade Soup of the Day 	£4.95
<i>with bloomer bread</i>	
Crispy White Bait	£4.95
<i>with tartare sauce and salad garnish</i>	
Chicken Goujons	£5.50
<i>with sweet chilli dip</i>	
Lyme Bay Crab & Apple Salad	£7.50
<i>with bloomer bread &amp; mixed leaves</i>	
Chicken & Liver Pâté	£6.50
<i>with toast and chutney</i>	
Mushrooms in Blue Cheese 	£5.50
<i>with bloomer bread</i>	
Atlantic Prawn and Crayfish Salad	£7.50
<i>with Marie Rose sauce &amp; brown bread</i>	
Deep Fried Crispy Camembert 	£6.00
<i>with cranberry sauce</i>	

## SEMI PRIVATE FACILITIES

Offered for Any Occasion

Please enquire with our duty manager

 Suitable for Vegetarians  
Please ask for our Allergen Chart



## FARMHOUSE CARVERY

12:00pm - 2:15pm & 6:00pm to 8:00pm

Adult Carvery £10.95 Under 11's Carvery £5.95

Apricot and Goats Cheese Nut Roast £10

## MAKE SUNDAY SPECIAL

Carvery Served all day from 12:00pm

Adult Carvery £10.95 Under 11's Carvery £5.95

Apricot and Goats Cheese Nut Roast £10

## 4 MEATS AVAILABLE

Book early to avoid disappointment!





### From The Grill

8oz Ribeye	£17.95
Mixed Grill	£18.95
<i>Gammon steak, sirloin steak, chicken &amp; double sausage</i>	
10oz Gammon Steak	£12.95
<i>with farmhouse fried egg</i>	
Minute Steak and Chips	£10.95
<i>with salad only</i>	
Grilled Chicken Breast	£11.95
Rack of Baby Back Ribs	£14.95
<i>In secret Bowd hickory BBQ sauce</i>	
All our grills are served with chips, mushrooms, tomato, onion rings & salad garnish	
Why not Add a sauce!	£2.50
Peppercorn sauce, Hickory BBQ sauce, Blue Cheese sauce	

## Pub Classics

Cajun Chicken Breast	£11.95
<i>served with chips, coleslaw and salad garnish</i>	
Bowd Inn Beef Burger	£11.95
<i>with bacon and cheese, chips and salad</i>	
Scampi 'n' Chips	£10.95
<i>with garden peas and tartare sauce</i>	
Homemade Vegetable Lasagne 	£10.95
<i>served with Salad and Chips</i>	
Beef Lasagne	£10.95
<i>served with Salad and Chips</i>	
Jumbo Cod 'n' Chips	£13.95
<i>A "Whale" of a fish served with garden peas and tartare sauce</i>	
Oriental Chicken Curry	£11.95
<i>made with authentic Indian spices and coconut milk, served with basmati rice, naan bread, poppadom and mango chutney</i>	
Homemade Bowd Inn Fish Pie	£11.95
<i>served with carvery vegetables (help yourself)</i>	
Bowd Inn Steak and Ale Pie	£11.95
<i>served with chips and garden peas</i>	
Vegetable Curry 	£10.95
<i>made with authentic Indian spices and coconut milk, served with basmati rice, naan bread, poppadom and mango chutney</i>	

## Chefs Recommended Dishes

Macaroni Cheese Bake 	£9.95
<i>served with Salad</i>	
Cottage Pie	£9.95
<i>served with garden peas and carrots</i>	
Honey Glazed Ham	£9.95
<i>with farmhouse egg, chips and salad garnish</i>	
Spicy Vegi Bean Burger 	£9.95
<i>with chips and salad</i>	
Chefs Traditional Fish 'n' Chips	£9.95
<i>with garden peas and tartare sauce</i>	
Classic Breaded Plaice	£9.95
<i>served with chips, peas, and tartare sauce</i>	

**DON'T FORGET ...**

We also have a daily Fish Specials Board